Winchester Unitarian Society



Highlights September 21, 2017

Sunday, Sept 24th: Of Every Person: Dignity, Reconciliation and Yom Kippur With Rev. Heather Janules Worship Associate: Peter McEntee

The High Holy Days in Judaism, between Rosh Hashanah and Yom Kippur, are a time of introspection, of seeking reconciliation with those we have harmed. After this time of personal atonement (intimacy), the faithful seek forgiveness from the Holy (ultimacy). This service invites us to reflect on the practice of reconciliation and how we may affirm "the inherent worth and dignity of every person" in our relationships.

This Sunday, we share our gifts with the **Anti-Defamation League**, whose mission is to "stop the defamation of the Jewish people and to secure justice and fair treatment to all."

Upcoming Events and Activities at WUS

Whether you have been a member for 30+ years or you are new to the local community, we hope that you can join us as we kick off our fall services and activities.

October 15th is our **Newcomer's Brunch.** If you are new to our community, please join us! It's a great opportunity to meet some of our members and learn more about Unitarian Universalism.

Our themes this autumn include **Welcome, Courage, Abundance, and Hope**. Come for our many inspiring sermons, services, music and discussions!

Our **concert series** this year promises to be stellar. **Nov 10th** is the first concert, entitled "**An Evening of Brahm's Chamber Music**" Please tell your friends about it and ask them to save the date. Let's pack the house!

For more information please visit our website: www.winchesteruu.org

It's hard to believe that August is already gone and that we are moving into the school year and towards the autumn. But it is always so lovely to re-unite with our friends and community. Welcome!! We hope you can join in our activities and fun...

Music News

Children's Chorale meets every Tuesday from 6:15 to 7:00 p.m. in the Spirit Play room in the RE wing.

Interested in getting involved? Contact Music Director John Kramer at John.kramer@winchesteruu.org

Religious Education

Welcome to the Program Year at Winchester Unitarian Society!

RE program Registration is open for the 2017-2018 program year! Details of the program are here – (<u>RE program brochure</u>) To keep our contact information current, we ask that all returning and new families complete a registration form (<u>RE</u> <u>registration form</u>). Hard copy is also available at church on Sunday morning. Please return your family's registration information by October 2nd.

This Sunday in Religious Education:

Morning Programs: Friends, friendship and the (occasional) necessary apology. **Afternoon Programs:** F8th in Action. Our first meeting of the year! We meet in an upstairs classroom – follow the signs!

Our Whole Lives parent orientation scheduled for THIS Sunday has been postponed. Please watch your email for updates if your child is enrolled.

There are some changes in our Sunday morning leadership. Along with Mia, Georgia and Jill, we have the great blessing of adding Winchester high school seniors, Justin Yew and Max Ward to lead our 5th and 6th graders in breakout groups. Both Justin and Max are members of WUSYG and come to us with lots of enthusiasm and "kid" energy! Both have experience with children as babysitters and guitar teachers. In addition, Evan Forcucci is joining us as the Religious Education Program assistant. Evan has been a consistent presence whenever Metcalf kitchen is used and brings that attention to detail to our children's program. They will all be with us this Sunday morning, and we hope you'll say hello and welcome!

Mark those Calendars!

Bonus RE September 28th 12-2 in Metcalf Kitchen and environs: We'll be tie dying. Send along a cotton t-shirt and or cotton table topper or sheets (that you don't mind seeing cut up) for our dying adventures. That we may have adequate supplies, please rsvp to Rebecca Kelley Morgan at <u>Rebecca@winchesteruu.org</u>

Our Whole Lives begins in Mid-October. The group is currently under subscribed and for important reasons of group dynamics will not run with a "too small" cohort of kids. Please spread the word about this important ministry to our young people. "Learn more here (<u>OWL Flyer</u>) and to express interest, please contact (<u>OWL@Winchesteruu.org</u>) Let us know how to reach you! We often have information and/or scheduling changes to share with families. If you have a child pre-k through 8th grades, please give us your current email address so that we may communicate more effectively with you. Send to rebecca@winchesteruu.org

Family Worship at Winchester Unitarian Society 10:00 a.m. Sundays Family Worship begins in the chapel at 478 Main Street with our opening service on September 17th.

Designed to be inclusive of families with younger children, Winchester Unitarian's Family Worship service is place where you and your family are just fine the way you are. Rustlings and comings and goings are held lightly, there's room to wiggle as well as to experience rituals of caring and connection in this short (20 minutes) and evocative worship service. If you are looking for a welcoming and meaningful experience to share with the children in your life, please join us. If you are looking for a message to inspire and inform, please join us. If you are looking for a place where you are known and welcomed, join us

Growth and Learning at Winchester Unitarian: Save the Date! Classism and Inequity. A conversation that matters, October 15th at noon, Winchester Unitarian Society.

WUSYG: Winchester Unitarian Society Youth Group

Please <u>click here</u> to see our new webpage, which includes a calendar of upcoming WUSYG meetings and events, and other updates for parents/youth.

WUSYG Parents:

Please register your youth for this year by filling out **this mandatory** <u>Google form</u> and be sure to by join **our new** <u>WUSYG Parents Facebook</u> Group for last-minute updates from us and as a space to ask questions, share stories and generally be in community together.

Congregational News

WUS Usher & Greeter Training

In the spirit of our September theme of Welcome, the WUS Membership Committee and Gordy McIntosh cordially invite you to attend a special

Usher & Greeter Training on **September 24th** following our Sunday Service in Michelsen. This brief session will cover the "Art of Greeting" and will share some effective ways to connect with someone new, which is helpful and useful practice for all, regardless of formally serving as an usher or greeter.

The Membership Committee is always looking for engaging and friendly volunteers to greet and usher. To RSVP for the September 24th training or to learn more about WUS' Usher & Greeter Program, please contact Sophia Sid at <u>sophia.sid@gmail.com</u>.

We Believe in Dog Walking Group

This Saturday September 23rd, 10 am

Anyone who wants to go on a short hike with their (friendly and vaccinated) dog can join in the fun. (You don't have to have a dog to participate!) Our next walk will be Saturday, September 23rd. We will meet at the second of three entrances to the Middlesex Fells on Hillcrest Parkway at 10:00 am and start walking around 10:05. If you intend to



come, contact Heather (<u>heather.janules@winchesteruu.org</u>) with your cell number (if applicable) so she can call you if you are not there at walking time. And wear your WUS tshirt if you have one!

Family & Caregiver Support Group

Family & Caregiver Support Group.....a drop-in group for family members, caregivers, and loved ones of individuals living with mental illness, facilitated by WUS members, Maria Shepherd, Maury Wood and Rebecca Kelley-Morgan *Tuesday, September 26th, 6:45-8:45 pm* The Group will temporarily meet in the Winsor Room while the Michelsen Room is being renovated. (meet in the Foyer at 6:40 and one of us will greet you) (the group meets every 2nd and 4th *Tuesday of each month*)

All WUS Caregiver support groups are facilitated by NAMI-trained leaders and provide a safe and confidential setting for mutual support and the sharing of resources. Looking for other local support groups or resources? Contact the Massachusetts chapter of the National Alliance on Mental Illness (NAMI), www.namimass.org/NAMI

If you have any questions, or would like to speak with someone about our groups or our initiative, please contact any of our facilitators.

Standing Committees

Statements from your Standing Committee....

WOW! We are a busy group. Its hard to briefly summarize the 20. Yes, exactly 20 items that were listed on our last agenda. The topics ranged from financial (including our budget, fundraising and our pledge drive) committee happenings (including Social Outreach Retreat, Standing Committee Retreat and "Redo"Committee. We also discussed items such as YAC, our website, Safety in our Sanctuary and "BIR". If you don't know what "BIR" is, anyone of us would be thrilled to tell you. Look for more from us.

> In Service with you, Betsy Bowles Vice-Chair



Community Dance

Community Dance Oct. 1 @ 4:00-6:00 pm – All ages and dance talents welcome! Through the generosity of the Cerny Thomases fund, we will welcome back Marcie Van Cleave as our caller. Our usual talented band will provide

reels, jigs and waltzes for a fun afternoon. Please come - and bring a friend! <u>Brochure Attached</u>.

IT'S TIME FOR A REDO!!!! Help restore the beauty of THE MICHELSEN ROOM

Team Redo has been working all year on renovation plans for the Michelsen Room to refresh and restore it to the beautiful treasure it once was. With initial funds from a generous donor, work began this summer. **We need your help to finish!** With your generous donation, we will:

- **Replace the old sofas** with new, more comfortable seating by the new candle-filled fireplace
- Add wall to wall carpeting for a quieter meeting space and flexibility in room rearrangement
- Add new club chair seating in the beautiful stained-glass window bay
- Add light fixtures that better match the character of the room
- Replace the plastic office conference table with four club-style tables providing flexibility to be used separately or together as a long boardroom table; replace heavy office chairs with chairs that can more easily be moved!
- Restore, frame and hang valuable architectural drawings that are presently stored, unseen, in our Archives

Good news! We have already raised \$17,000 of the \$34,000 needed to renovate this distinctive room; so far, checks have ranged from \$50 to \$5000. All amounts are truly appreciated! **Please help us toward our goal of raising the remaining \$17,000.**

There are many ways to contribute:

1) By check made out to WUS, with Team Redo on the memo line (important!)

- Mail to Winchester Unitarian Society, 478 Main Street, Winchester, MA 01890
- Leave your check with the Sunday Secretary in the church office.
- Drop it in the "Michelsen Treasure Chest" in the Symmes Room at Coffee Hour.

2) By PayPal (please make sure to indicate "Michelsen" or "Redo" in special instructions section)

3) By electronic funds transfer through Vanco, the church's online e-payment vendor, which can take money from your bank account. Again, specify Redo where possible.

(Go to the <u>Giving page</u> on the church's website for links to PayPal and Vanco.) **If you donate through PayPal or Vanco, please send an email to Alison at** <u>office@winchesteruu.org</u> and let her know the amount. Then when the payment comes in, she will know it's for the Michelsen Redo rather than your pledge.

WUS in need of gently used iPad

You may have noticed our tablet that displayed our solar usage has gone missing. It lived a long and useful life, but alas is no more. We are on the search for a replacement. If you have a 9.7" iPad that you'd like to donate to WUS, we'd greatly appreciate it. The only requirements are that it is at least an iPad 2 (2010 or newer) and that the screen is in good shape. Since it will be plugged in at all times, battery life is not an issue. If you have a candidate tablet, please contact Tyson at <u>tyson@kamikawa.us</u>. Thank you!



UU History Tour -Saturday September 30th

Deborah Morgan Bennett will return to join Rev. Heather in leading a walking tour of Boston, focused on UU history on Saturday, September 30th. The day will include abbreviated tours of Arlington Street Church and Kings Chapel by trained members of those congregations along with a number of monuments, important buildings and other sites inbetween.

Gather at WUS between 8:30 and 9:00 am for

carpooling to Alewife station. The group will return to WUS at 2:00 pm (or shortly thereafter.) Cost is \$15 + subway fare and what you spend on lunch. If you are interested in joining the three already enrolled, contact Rev. Heather - <u>heather.janules@winchesteruu.org</u>

A note from John Loewy:

"Joi, as you prepare for surgery next week, just know that the Universe is receiving thoughts and prayers from family and friends so that when all is said and done even your surgeon will smile bigger than usual at how well things went."



New Office Volunteers: The "Beagle in Residence" Pilot Program

Some may have met Dobby, the handsome and gentle Beagle who is the dog companion to Congregational Administrator Alison Baron. Dobby has occasionally come into the office to supervise the humans in their work and to take naps.

Another Beagle has joined the WUS leadership team. Rev. Heather has adopted a sweet 6 year old dog, Temple, from the same rescue group that brought Dobby to Alison. Temple has visited the office once and has proven to be a good listener and keeper of confidences.

As Temple is having trouble believing that her new human will come home every day, in consultation with church leaders, the office is starting a pilot "Beagle in Residence"



program. On Thursdays, visitors to the office may meet Dobby or Temple. Those who love dogs and want more dog time in their lives are encouraged to visit on Thursdays. Those who have business in the office and are not fond of dogs or allergic are encouraged to let us know in advance and we will make other arrangements for the BIRs and/or meet with you in another room at WUS.

Our goal is to enhance the experience in the WUS building with the BIRs presence while also protecting and honoring the needs of the wary and allergic. Please provide your thoughts and feedback as the BIR program begins this week. Give Rev. Heather a call or drop her an email!

Update on WUS Black Lives Matter Banner Process: Fall Conversations have been scheduled! *Mark your calendars now!*

As you may remember, a group of WUS members within the Racial Justice Team submitted a proposal for a BLM Banner Process to the Standing Committee and it was approved in late April. Since June we have been collecting your comments about the banner process via a display in the Symmes Room, with a comment box and at the following dedicated email

address: WUSBLMBannerProcessGroup@gmail.com

You are also encouraged to speak directly with members of the BLM Banner Process Group: Steve Butterfield, Phil Coonley, Sarah Kelley, John Loewy, Gordon McIntosh, Kathy Richardson, Patty Shepard, and Sophia Sid.

As promised we have scheduled a series of open conversations for this fall, as follows:

Thursday, September 28th 7-9 pm in the Meyer Chapel Sunday, October 8th 12-2 pm in the Parlor Thursday, October 12th 7-9 pm in the Meyer Chapel Sunday October 22nd 12-2 pm in the Parlor

Additional conversations will be scheduled in the fall for other groups within the congregation including WUSYG, RE, OWL and the Wednesday daytime "Soup and Conversations." All conversations will be structured with a covenant and focused speaking and listening regarding sharing our own thoughts, feelings, and experiences about possibly having a Black Lives Matter banner at WUS. The broad range of policies advocated in the most recent Movement for Black Lives platform will be read aloud. This platform can be found at Movement for Black Lives (https://policy.m4bl.org/platform/) and hard copies are available near our display in the Symmes Room.

Your participation is essential to help us determine the best possible ways to support our continued growth as a spiritual community, living within the wider white supremacist culture.

Soul Matters Covenant Group - 4th Tuesday, 6:30-8:30

Rev. Heather is gathering a group of individuals interested in joining a new covenant group, following the "Soul Matters" format. (To learn more about Covenant Groups at WUS, visit: www.winchesteruu.org/smallgroupministry)

A Soul Matters covenant group is like other groups but also focuses on the monthly theme through a comprehensive curriculum sent in advance of the meeting. This packet also features spiritual practices and quotes, books videos, songs and films that further explore the theme.

This new group will begin as soon as there are enough participants.Tentative

meeting time is the 4th Tuesday of the month, 6:30-8:30 pm.

Interested? Contact Heather at <u>heather.janules@winchesteruu.org</u> With enough enrollments, the group could meet as early as September 26th.



DINE-AROUND IS BACK!!! with "Dine Around the Classics" October 21, 28, 29 & November 4

Enter the worlds of some classic titles! Experience culinary delights from another time and place! You could step into

Winchester, England for an Agatha Christie murder mystery dinner with classic English fare. You might be swept away by Dr. Zhivago for a Russian-style meal with Caviar and Beef Stroganoff! Or, join the Raven to feast on lobster, bound up tight in a pasta timbale!

"Dine Around the Classics" is this year's major fund raiser. Ten of our WUS families have graciously volunteered to host dinners based on classic books and movies featuring cuisines from around the world. It is sure to be one of the most memorable evenings of your Fall. Mark your calendars for October 21, 28, 29 and November 4th. Attend one, or one every weekend!

This event is a fantastic way to enjoy the company of familiar and new W.U.S. friends, eat fabulous food and have a great time- all while supporting your church!

Like to cook? Offer to help hosts who would LOVE another set of hands in their kitchen and be a **SOUS CHEF.** Contact Julie Khuen <u>khuen@comcast.net</u>

Can't make it to any of the dinners, but want to contribute to our one fundraiser for the year? Become a **SPONSOR**! Contact Karen Caputo <u>kcaputo8@hotmail.com</u> Details to follow.....watch this space!!!

Social Action and Outreach

OUR FALL SERVICE DAY will be Saturday OCTOBER 14. Join your fellow members to help with a variety of projects to show our religion in action. There will be many hands-on projects as well as items for you to bring to church. Off site volunteering will include working at **UU Urban Ministry** and **Women's Lunch Place**. On-site projects will include: donating household goods for Mission of Deeds; knitting hats and scarves and bringing toiletry items for Heading Home's shelter.

FAIR FOODS DAY – Unpack and distribute food at **UU Urban Ministry**. Join the many UU members who help at the UU Meetinghouse in Roxbury. We will meet at 9:45 am in our church parking lot to carpool and return by 2:30 pm. We need a headcount **by September 30**. Please email or call Barbara Boches at <u>boches@comcast.net</u> (978-944-2427)

DONATE BOOKS (THAT INSPIRE) - "BELIEVE IN SUCCESS," is a new UUUM program serving low-income women and LGBTQ persons who have experienced domestic violence. UUUM needs inspirational or how-to books for this education and job-readiness program. Find the box for your donations at the SAOC table in Symmes Room through Saturday, October 14, 10:00 am.

Mission of Deeds needs a large variety of donations, which they give to formerly

homeless people as they set up a new abode. Used items in good condition are welcome. They particularly need bedding, including new pillows, pots and pans, and basic cooking utensils. They also accept children's books and DVDs, but no toys.

We are collecting **toiletry items** for **Heading Home** to be assembled at church into kits for people who come to their shelter. We need full size (not travel size) shampoo, conditioner, body wash. body lotion, toothbrush, toothpaste, dental floss, deodorant, and hand sanitizer Please bring items (*or sign up to drop off items on service day*) to the Social Action and Outreach table in Symmes. We hope to assemble 20 kits.

Join members to begin a knitting project: to make scarves and hats for the women's shelter. If you can donate your time, expertise (to guide novice knitters), yarn, or knitting needles please contact Kathy McKool or *sign up at the SAOC table* in the Symmes.

We will collect FOOD for the Woburn Council of Social Concern. Their food pantry needs volunteers on **October 28** to unload donations from the postal service drive.

There will be other projects available to participate in so stay tuned or stop by the SAOC table.

UPCOMING EVENTS

Anti-Racism Workshop Series - Facilitated by The Antiracism Collaborative When: Sept 24th, Oct 1st, Oct 15th and Oct 22nd from 12:00pm – 2:30pm (Includes a light lunch offered at 11:30 am)

Where: 7 Elm Street, Harvard, MA The Fellowship Building of the Harvard UU Church

Cost: \$10 per person. To register see Highlights from September 14.

"Nonviolent Civil Disobedience (NVCD) and the Age of Antifa" Presented by Rev. Karlene Griffiths Sekou from BLM Boston and others Thursday, September 28, 7pm – 9 pm. First Parish in Brookline, 382 Walnut Street, Brookline, MA This is a free event, but so we can anticipate the number of people, please <u>Register</u>

Build Relationship with Our Neighbors at the Islamic Center of Boston, Wayland

The Interfaith Book Club Presents: Getting to the Heart of Interfaith When: Sun Oct 15, 3:00 – 5:00 PM

Where: ICB Wayland, 126 Boston Post Rd, Wayland

The story of a pastor, a rabbi and an imam and the friendship that grew out of their search for mutual understanding. RSVP here: <u>bookclub@icbwayland.org</u>

Come join Terry Currier...

Please join Terry Currier, member of the Social Action Outreach Committee, for the informative lecture by the League of Women Voters entitled, "How to Talk so Your Legislators Will Listen." In this talk you will learn the most effective ways to reach your state legislators and make your voice heard. It takes place at the Winchester Library on Monday, September 25 at 7:00 pm.

Racial Justice Team

All UUs are welcome to join the next Quarterly Meeting of the **Black Lives Matter Certified Working Group of UU Mass Action**. Sunday Sept 24, from 2:00 – 4:00 PM at First Parish, Arlington. Representatives of many area UU congregations report on their activities. You can find the Proposed Agenda & Discussion Covenant <u>HERE</u>



Woburn Food Pantry

Next time you go shopping, please consider buying an **extra container of shelf-stable milk and a bag of dried beans** for the Council of Social Concern's Food

Pantry. These are the items they need this month to stock their shelves. Thank you for your generosity.

The Mystic Messenger Vol. 3, Issue 1 Please enjoy our quarterly publication, *The Mystic Messenger*, <u>available here</u>.



Meditation News

Meets almost every Wednesday from 6:30 - 7:30 p.m. in the Meyer Chapel. Sitting from 6:30 to 7:00 p.m. Walking from 7:00 to 7:15 p.m. Discussion 7:15 to 7:30 p.m. Contact Ron Denhardt (rondenhardt@gmail.com) for info.

Fall Yoga Session Begins Monday, September 11

Whether you have thought about coming to WUS Monday night yoga for a long while or just a few minutes, we invite you to begin anew with us for our Fall Session, September 11th – November 20th. Our yoga teacher, Jamie Sokolowski, will guide us through a gentle, yet stimulating and refreshing Kripalu-style yoga class. No previous experience necessary. We meet in the chapel from 6:30 – 8:00pm. Each class ends with a relaxation, allowing you to pause deeply before facing the coming week. Several payment options are available: a 10-class card for \$130, a 5-class card for \$65 or drop-in for one class for \$15. We are strongly committed to having the yoga class be an integral part of our church ministry and invite all who wish to take part to attend and offer a donation as you are able. For further information, you may contact Fritzie Nace at fritzie.nace@gmail.com.

Joys, Sorrows and Transitions

If you are facing a time of joy, sorrow or transition in your life, our minister and the Pastoral Care Associates are available to offer a listening ear, compassionate presence and, if applicable, resources.

We celebrate with former Summer Minister, **Lisa Perry-Wood**, who just met with the Ministerial Fellowship Committee and was welcomed into professional

fellowship!

You may reach the Rev. Heather Janules in the office at 781.729.0949. She can also connect you with a Pastoral Care Associate or the Caring Network (providing short-term, practical support like rides and meals.) To learn more about the PCAs, pick up a brochure when you are in the church.



Thoughtful Thursday

Those who follow the Winchester Unitarian Society Facebook page receive a Thoughtful Thursday post each week, a reflective meditation to invite spiritual growth and greater learning. If you are not connected

to WUS through, please follow us on Facebook at (https://www.facebook.com/WinchesterUnitarianSociety/).

Community News

Combating the Rise of Intolerance: A Community Dialogue hosted by State Representative Michael Day and the Winchester Multicultural Network

Tuesday, October 10, 2017 - 7:00 pm Winchester Town Hall Auditorium, 71 Mt. Vernon Street, Winchester

Join us for a discussion about how we combat actions and statements that normalize the intolerance of diversity and how we can best promote civil dialogue in our community.

Panelists include:

- Aba Taylor, Executive Director, Winchester Multicultural Network
- Stephanie Marzouk, President and Director, Muslim Justice League
- Robert Trestan, Regional Director, Anti-Defamation League

Coffee Hour Refreshments

You can help make Sunday mornings more welcoming and joyful by bringing refreshments for coffee hour! If you are willing to be contacted when <u>sign-ups</u> are needed (usually once a month), please email <u>janetnelson@comcast.net</u> to put yourself on the



contact list. (If you already receive my emails, you don't need to contact me, unless you'd prefer to be taken off the list.) Usually two people sign up to bring finger foods for one Sunday. We truly appreciate your willingness to be asked to help out in this simple way – thank you!

From Janet Nelson for the Fellowship Committee



Flower Dedications

Dates are available for flower dedications. You may dedicate flowers in celebration of, in memory of, or in honor of someone and it will appear in the Order of Service. The cost is \$45.00 (or you can bring your own

flowers, but let the office know). Please click to sign up or use the sign up sheets in

the Foyer.



For information about office hours, worship services, religious education, music, pathways to membership, and church events, visit <u>http://www.winchesteruu.org/</u>

To access the members' section of the website, <u>contact the office</u> for the password. The deadline for all Highlights submissions: **Wednesdays**, **9:00 a.m.** and OOS announcements submissions: **Thursdays**, **9:00 a.m.** should go to <u>adminassistant@winchesteruu.org</u>. All articles submitted should be no more than 250 words.

Contact Us

To contact any member of the staff at the Winchester Unitarian Society, you may start with the Office: <u>office@winchesteruu.org</u> or visit the <u>Contact page</u> of our website for specific information.

Winchester Unitarian Society | 478 Main St. Winchester MA 01890 (781) 729-0949 | office@winchesteruu.org | www.winchesteruu.org

STAY CONNECTED

