

Winchester Unitarian Society



Highlights *September 28, 2017*

Sunday, Oct 1st: "With No Extraordinary Power": The Second Source

With Rev. Heather Janules

Worship Associate: Carol Cashion

Unitarian Universalism draws from Six Sources. In this first "Source Sunday" of the year and at the beginning of this month of "Courage," we explore the Second Source: "Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love."

As this is the first Sunday of the month, **a discussion will follow the service** in the Parlor at noon.

This Sunday, we share our gifts with **Unidos Por Puerto Rico**, "an initiative brought forth by the First lady of Puerto Rico, Beatriz Rosselló in collaboration with the private sector, with the purpose of providing aid and support to those affected in Puerto Rico by the passage of Hurricane Irma and Hurricane María."

Upcoming Events and Activities at WUS

Whether you have been a member for 30+ years or you are new to the local community, we hope that you can join us as we kick off our fall services and activities.

October 15th is our **Newcomer's Brunch**. If you are new to our community, please join us! It's a great opportunity to meet some of our members and learn more about Unitarian Universalism.

Our themes this autumn include **Welcome, Courage, Abundance, and Hope**. Come for our many inspiring sermons, services, music and discussions!

Our **concert series** this year promises to be stellar. **Nov 10th** is the first concert,

entitled “An Evening of Brahm’s Chamber Music” Please tell your friends about it and ask them to save the date. Let’s pack the house!

For more information please visit our website: www.winchesteruu.org

Music News

From the Music Committee

Sponsorships are available for our 12th concert season. Please consider becoming a concert series sponsor (\$125 donation), *Forte* sponsor (\$200 donation), or a *Fortissimo* sponsor (\$300 donation). Make your sponsorship check payable to WUS, write “concert series” in the memo field, and deliver it directly to the WUS office. To be acknowledged in our Nov 10th concert program, please submit your donation no later than Nov 6th.

Children's Chorale meets every Tuesday from 6:15 to 7:00 p.m. in the Spirit Play room in the RE wing.

Interested in getting involved? Contact Music Director John Kramer at John.kramer@winchesteruu.org

Religious Education

Welcome to the Program Year at Winchester Unitarian Society!

RE program Registration is open for the 2017-2018 program year! Details of the program are here – ([RE program brochure](#)) To keep our contact information current, we ask that all returning and new families complete a registration form ([RE registration form](#)). Hard copy is also available at church on Sunday morning. Please return your family’s registration information by October 2nd.

This Sunday in Religious Education:

Morning Programs: Up to Us! We can’t always expect someone else to step in and take a courageous action. Sometimes it’s up to us. How shall we be part of a more just world?

Afternoon Programs: F8th in Action. Communication and the labels we wear or assign to others. Parent reminder – the group’s first off site event is the trip to Walden, Oct 15 – 3-6.

Our Whole Lives: ***Our Whole Lives** begins in Mid-October. The group is currently under subscribed and for important reasons of group dynamics will not run with a “too small” cohort of kids. We are close to our magic number of 12, but not quite there. Please spread the word about this important ministry to our young people. " Learn more here (link to program brochure on web site) and to express interest, please contact (OWL@Winchesteruu.org).*

There are some changes in our Sunday morning leadership. Along with Mia, Georgia and Jill, we have the great blessing of adding Winchester high school senior, Max Ward to lead our 5th and 6th graders in breakout groups. Both Justin and Max are members of WUSYG and come to us with lots of enthusiasm and “kid” energy! Both have experience with children as babysitters and guitar teachers. In addition, Evan Forcucci is joining us as the Religious Education Program assistant. Evan has been a consistent presence whenever Metcalf kitchen is used and brings that attention to

detail to our children's program. They will all be with us this Sunday morning, and we hope you'll say hello and welcome!

Mark those Calendars!

NEXT Bonus RE October 25th 12-2 in Metcalf Kitchen and environs: We'll be carving pumpkins and processing apples. Watch for your evite with details. (and thanks to everyone who came to Tie dying this week!)

Let us know how to reach you! We often have information and/or scheduling changes to share with families. If you have a child pre-k through 8th grades, please give us your current email address so that we may communicate more effectively with you. Send to rebecca@winchesteruu.org

Family Worship at Winchester Unitarian Society 10:00 a.m. Sundays

In the month of October, we ask you to answer the question: What's the bravest thing you can do? This week, at the end of the High Holy Days, we leave the past behind, and face the future. Sometimes the bravest thing you can do is to let go.

Growth and Learning at Winchester Unitarian: Save the Date! Classism and Inequity. A conversation that matters, October 15th at noon, Winchester Unitarian Society.

Family & Caregiver Support Group.....a drop-in group for family members, caregivers, and loved ones of individuals living with mental illness, facilitated by WUS members, Maria Shepherd, Maury Wood and Rebecca Kelley-Morgan **meets next, Tuesday, October 10th, 6:45-8:45 pm** in the Michelsen Room, just follow the signs! **The group meets every 2nd and 4th Tuesday of each month.**

All WUS Caregiver support groups are facilitated by NAMI-trained leaders and provide a safe and confidential setting for mutual support and the sharing of resources. Looking for other local support groups or resources? Contact the Massachusetts chapter of the National Alliance on Mental Illness (NAMI), www.namimass.org/NAMI If you have any questions, or would like to speak with someone about our groups or our initiative, please contact any of our facilitators.

WUSYG: Winchester Unitarian Society Youth Group

Please [click here](#) to see our new webpage, which includes a calendar of upcoming WUSYG meetings and events, and other updates for parents/youth.

WUSYG Parents:

Please register your youth for this year by filling out **this mandatory [Google form](#)** and be sure to by join **our new [WUSYG Parents Facebook Group](#)** for last-minute updates from us and as a space to ask questions, share stories and generally be in community together.

Congregational News



Community Dance (Postponed)

The Community Dance for this Sunday, October 1st has been postponed. Stay tuned for the new date.



DINE-AROUND the Classics is HERE!! October 21, 28, 29 & November 4

Please check your mailboxes for your invitation, complete your reply card and either mail back or place in the box on the Dine Around table! Please RSVP as soon as possible to secure your first choice!

Coffee Hour Refreshments

You can help make Sunday mornings more welcoming and joyful by bringing refreshments for coffee hour! If you are willing to be contacted when sign-ups are needed (usually once a month), please email janetnelson@comcast.net to put yourself on the contact list. (If you already receive my emails, you don't need to contact me, unless you'd prefer to be taken off the list.) Usually two people sign up to bring finger foods for one Sunday. We truly appreciate your willingness to be asked to help out in this simple way – thank you!



From Janet Nelson for the Fellowship Committee

Update on our "Michelsen Room" from Team Redo

The Michelsen Room is improving! Check out the changes already happening in Michelsen – new recessed lights, new carpeting and...thanks to a generous donor, a new chandelier!! Please be part of this restoration. Send your donation to WUS with *Redo Michelsen* in the memo line.

WUS in need of gently used iPad

You may have noticed our tablet that displayed our solar usage has gone missing. It lived a long and useful life, but alas is no more. We are on the search for a replacement. If you have a 9.7" iPad that you'd like to donate to WUS, we'd greatly appreciate it. The only requirements are that it is at least an iPad 2 (2010 or newer) and that the screen is in good shape. Since it will be plugged in at all times, battery life is not an issue. If you have a candidate tablet, please contact Tyson at tyson@kamikawa.us. Thank you!

Role of District Attorneys in Criminal Justice Monday, October 2, 7-9 PM - Alliance Parlor

The Winchester Unitarian Society is hosting a discussion on the role of Massachusetts District Attorneys in criminal justice this coming Monday, October 2, 7-9 PM in the Alliance Parlor. Most DAs run for office unopposed. They wield enormous amounts of power in the courtroom and beyond, but there is little effective oversight and we have scant data on which to judge their performance.

Our guest for this discussion will be Donna Patalano, a Winchester resident, who has introduced a number of reforms into the Suffolk County's District Attorney's office. She is planning to run for District Attorney in Middlesex County next year but has not yet officially entered the race.

Further information is available in the Symmes Room, along with a sign-up list to help us determine how many people to prepare for. If you have any questions, please contact Dirck Stryker, dstryker@aird.com or 617-281-3246, or see me at church on Sunday, October 1, before the meeting on Monday.

**Update on WUS Black Lives Matter Banner Process:
Fall Conversations have been scheduled!
*Mark your calendars now!***

As you may remember, a group of WUS members within the Racial Justice Team submitted a proposal for a BLM Banner Process to the Standing Committee and it was approved in late April. Since June we have been collecting your comments about the banner process via a display in the Symmes Room, with a comment box and at the following dedicated email address: WUSBLMBannerProcessGroup@gmail.com

You are also encouraged to speak directly with members of the BLM Banner Process Group: Steve Butterfield, Phil Coonley, Sarah Kelley, John Loewy, Gordon McIntosh, Kathy Richardson, Patty Shepard, and Sophia Sid.

As promised we have scheduled a series of open conversations for this fall, as follows:

Tonight, September 28th 7-9 pm in the Meyer Chapel
Sunday, October 8th 12-2 pm in the Parlor
Thursday, October 12th 7-9 pm in the Meyer Chapel
Sunday October 22nd 12-2 pm in the Parlor

Additional conversations will be scheduled in the fall for other groups within the congregation including WUSYG, RE, OWL and the Wednesday daytime "Soup and Conversations." All conversations will be structured with a covenant and focused speaking and listening regarding sharing our own thoughts, feelings, and experiences about possibly having a Black Lives Matter banner at WUS. The broad range of policies advocated in the most recent Movement for Black Lives platform will be read aloud. This platform can be found at Movement for Black Lives (<https://policy.m4bl.org/platform/>) and hard copies are available near our display in the Symmes Room.

Your participation is essential to help us determine the best possible ways to support our continued growth as a spiritual community, living within the wider white supremacist culture.

Soul Matters Covenant Group - 4th Tuesday, 6:30-8:30

Rev. Heather is gathering a group of individuals interested in joining a new covenant group, following the "Soul Matters" format. (To learn more about Covenant Groups at WUS, visit: www.winchesteruu.org/smallgroupministry)

A Soul Matters covenant group is like other groups but also focuses on the monthly theme through a comprehensive curriculum sent in advance of the meeting. This packet also features spiritual practices and quotes, books videos, songs and films that further explore the theme.

This new group will begin as soon as there are enough participants. Tentative

meeting time is the 4th Tuesday of the month, 6:30-8:30 pm.

Interested? Contact Heather at heather.janules@winchesteruu.org

With enough enrollments, the group could meet as early as September 26th.



Grief Support Group

The Grief Support Group will meet Tuesday October 24th from 7:30-9:00 pm (to be held in the Winchester Unitarian Society Parlor / go in the 478 Main Street circular drive door and to your right.) All are warmly welcome to attend.

The Grief Support Group is open to anyone in the community who has experienced loss and seeks a caring environment to process the complex feelings of grieving. If you have experienced a death of someone in your life and would like to explore your grief with other people who have also experienced loss, please consider attending a grief support group meeting.

Everyone makes his or her own individual journey after experiencing loss. Our group has found that by sharing our journeys with each other, we are strengthened and comforted.

The grief support meetings start with a reading and then a check-in by participants.

You can say as much or as little as you feel comfortable saying (you can also choose to pass if you want.) Usually personal check-ins last a few minutes each and should be uninterrupted. Then the conversation opens up. The facilitator usually starts off this conversation with a topic or question to discuss. The meetings conclude at 9pm.

Our meetings are confidential- we ask that everyone observe the guideline that what is said in a meeting, stays in the meeting.

Please feel free to contact Lee Barton or Heather Janules if you would like more info on the Grief Support Program at WUS -or- feel free to just show up at a meeting.

No rsvp needed.

Social Action and Outreach

OUR FALL SERVICE DAY will be Saturday OCTOBER 14 to show our religion in action.

Sign up at the Social Action table NOW to work at the **UU Urban Ministry** food distribution. Email or call Barbara Boches at boches@comcast.net (978-944-2427) by September 30. OR sign up by Sunday October 8 to prepare food at the **Women's Lunch Place**.

We are collecting household items for Mission of Deeds. Used items in good condition are welcome:

- They particularly need bedding, including new pillows,
- Pots and pans, and basic cooking utensils.
- They also accept children's books and DVDs, but no toys.

We are collecting toiletry items for Heading Home for people who come to their shelter. See sign-up sheet at Social Action table in Symmes.

- Shampoo and conditioner
- Body wash and body lotion
- Toothbrush, toothpaste, dental floss
- Deodorant, and hand sanitizer

Please donate “books that inspire” for the Urban Ministry. UUUM needs inspirational or how-to books for its education and job-readiness program for survivors of domestic violence. Bring to Social Action table.

Join members to begin a **knitting project**: to make scarves and hats for the women’s shelter. If you can donate your time, expertise, yarn, or knitting needles (size 8) please contact Kathy McKool or sign up at the SAOC table.

We will collect FOOD for the Woburn Council of Social Concern. Also, sign up to volunteer on October 28 to unload food donations from the postal service drive.

What’s Happening with Criminal Justice Reform? Your help is needed.

The Joint Committee on Judiciary is working to develop an Omnibus Bill that will move forward a key bill that addresses comprehensive reform. There is concern that what’s included in the Senate and House version of the omnibus bill will not fully address the issues that the current, individual bills address.

Representative Claire Cronin is co-chair of the Joint Committee on the Judiciary She, is currently speaking with House members to learn more about the priorities identified by their constituents. **We can make a difference by calling our House representatives and telling them we want a strong and comprehensive bill to pass this year.** They need to hear this from MANY people.

Wednesday, October 4 at 7 pm -Jonathan Buonocore, will speak on the topic “Health Benefits of Renewable Energy Choices” on Wednesday, October 4 at 7 p.m. at the Winchester Town Hall Auditorium, preceded by reception at 6:30 p.m. This event is co-sponsored by the LWV of Winchester, the Wright-Locke Farm Conservancy, and the Winchester Farmers’ Market Community Hub.

UPCOMING EVENTS

Anti-Racism Workshop Series - Facilitated by The Antiracism Collaborative

When: Oct 1st, Oct 15th and Oct 22nd from 12:00pm – 2:30pm

(Includes a light lunch offered at 11:30 am)

Where: 7 Elm Street, Harvard, MA The Fellowship Building of the Harvard UU Church Cost: \$10 per person. To register see Highlights from September 14.

Build Relationship with Our Neighbors at the Islamic Center of Boston, Wayland

The Interfaith Book Club Presents: Getting to the Heart of Interfaith

When: Sun Oct 15, 3:00 – 5:00 PM

Where: ICB Wayland, 126 Boston Post Rd, Wayland

The story of a pastor, a rabbi and an imam and the friendship that grew out of their search for mutual understanding. RSVP here: bookclub@icbwayland.org

Racial Justice Team

Anti-Racism Workshop Series - The series continues Oct 1st, Oct 15th and Oct 22nd from 12:00pm – 2:30pm (Includes a light lunch offered at 11:30 am)

Where: 7 Elm Street, Harvard, MA The Fellowship Building of the Harvard UU Church. Cost: \$10 per person. To register see Racial Justice News in Highlights for September 14.

Mendelsohn Lecture Series Presents: Passage at St. Augustine
Sun Oct 15, 4:00 PM at UU Urban Ministry, 10 Putnam St, John Eliot Square, Roxbury This compelling documentary tells the story of the violent and bloody civil rights campaign in deeply segregated St. Augustine, Florida that led to the passage of the 1964 Civil Rights Act. Followed by a discussion on moving forward.

Get the latest news on Urban Ministry and their programs:
<http://www.uuum.org/>

November 5 at 3:30 pm. You are invited to the **Racial Justice Fall Book Discussion** of “**Why Are All the Black Kids Sitting Together in the Cafeteria? and other conversations about Race**” by Beverly Daniel Tatum. Copies of the new edition will be available to borrow at the Social Action table in October. Join us in Symmes for refreshments at 3:30 pm, with discussion from 4 to 6 p.m.

Class Inequality — What Can Be Done?

On October 15 at 12 noon (after the service, in the Symmes Room, with light refreshments) Growth and Learning will have a presentation/discussion about class inequality, using materials from the author/activist Chuck Collins. His recent book **Born On Third Base** (A One Percenter makes the case for tackling inequality, bringing wealth home, and committing to the common good) is an easy read about the problems of wealth disparity. As a Director of the Program On Inequality at the Institute For Policy Studies he has recently a paper entitled **Reversing Inequality: Unleashing the Transformative Potential of an Equitable Economy**. The document is at <https://www.ips-dc.org/report-reversing-inequality/>

A detailed summary is here <http://www.ips-dc.org/wp-content/uploads/2017/08/ReversingInequalitySummary.pdf>

We will watch some short videos of Chuck speaking on the subject, and discuss these issues together.

350Mass for a Better Future in Michelsen

Dates: (every other Wednesday)

October 11, 25

November 8, 22

December 6, 20

January 3, 17, 31

Time: 11:30-12:00 pm Social time and newcomers, 12:00-1:30 pm Meeting

We welcome all of those who would like to feel the rewards and challenges of interacting with state legislatures as they construct laws to improve our environment, such as as mitigating CO2 emissions by reducing our reliance on fossil fuels. We are aligned with the group 350 Mass and you can learn more about all of the activities of this group at the following website: <http://350mass.betterfutureproject.org/>
In addition to our work with legislators we have some social gatherings, go to some marches and have guest speakers who educate us on some of the complex issues confronting our environment today.



Woburn Food Pantry

Next time you go shopping, please consider buying an **extra container of shelf-stable milk and a bag of dried beans** for the Council of Social Concern's Food Pantry. These are the items they need this month to stock their shelves. Thank you for your generosity.

Your Input Requested!

The Winchester Unitarian Society personnel policies call for a review of a new employee after the first 90 days. Congregational Administrator Alison Streit Baron's 90 day anniversary fell in the middle of the summer...so we are overdue!

Alison's evaluation is scheduled for October 12th so please send your feedback - "likes" and "wishes" - to Heather Janules at heather.janules@winchesteruu.org by October 9th.

Note that it is our practice to not pass on feedback anonymously so employees may follow up with individuals after the evaluation process. If you do not want your name associated with your feedback, know that it will not be communicated to the employee.

Meditation News

Meets almost every Wednesday from 6:30 - 7:30 p.m. in the Meyer Chapel. Sitting from 6:30 to 7:00 p.m. Walking from 7:00 to 7:15 p.m. Discussion 7:15 to 7:30 p.m. Contact Ron Denhardt (rondeWnhardt@gmail.com) for info.

Fall Yoga Session Begins Monday, September 11

Whether you have thought about coming to WUS Monday night yoga for a long while or just a few minutes, we invite you to begin anew with us for our Fall Session, September 11th – November 20th. Our yoga teacher, Jamie Sokolowski, will guide us through a gentle, yet stimulating and refreshing Kripalu-style yoga class. No previous experience necessary. We meet in the chapel from 6:30 – 8:00pm. Each class ends with a relaxation, allowing you to pause deeply before facing the coming week. Several payment options are available: a 10-class card for \$130, a 5-class card for \$65 or drop-in for one class for \$15. We are strongly committed to having the yoga class be an integral part of our church ministry and invite all who wish to take part to attend and offer a donation as you are able. For further information, you may contact Fritzie Nace at fritzie.nace@gmail.com.

Joys, Sorrows and Transitions

If you are facing a time of joy, sorrow or transition in your life, our minister and the Pastoral Care Associates are available to offer a listening ear, compassionate presence and, if applicable, resources.

You may reach the Rev. Heather Janules in the office at 781.729.0949. She can also connect you with a Pastoral Care Associate or the Caring Network (providing short-term, practical support like rides and meals.) To learn more about the PCAs, pick up a brochure when you are in the church.



Thoughtful Thursday and Facebook Group

Those who follow the Winchester Unitarian Society Facebook page receive a Thoughtful Thursday post each week, a reflective meditation to invite spiritual growth and greater learning. If you are not connected to WUS through Facebook, please follow us at

(<https://www.facebook.com/WinchesterUnitarianSociety/>).

Congregational Administrator Alison Baron has created a closed FB group for the WUS community, a place where members and friends can post information about events, share resources and engage in conversation. Consider it a virtual coffee hour, open 24/7! Contact Alison for more information.



Office Hours

Office hours for next Friday, October 6th:
9:00 to 2:00 p.m.

Community News

**Combating the Rise of Intolerance:
A Community Dialogue hosted by State Representative Michael Day and the
Winchester Multicultural Network**

**Tuesday, October 10, 2017 - 7:00 pm
Winchester Town Hall Auditorium, 71 Mt. Vernon Street, Winchester**

Join us for a discussion about how we combat actions and statements that normalize the intolerance of diversity and how we can best promote civil dialogue in our community.

Panelists include:

- Aba Taylor, Executive Director, *Winchester Multicultural Network*
 - Stephanie Marzouk, President and Director, *Muslim Justice League*
 - Robert Trestan, Regional Director, *Anti-Defamation League*
-



Flower Dedications

Dates are available for flower dedications. You may dedicate flowers in celebration of, in memory of, or in honor of someone and it will appear in the Order of Service. The cost is \$45.00 (or you can bring your own flowers, but let the office know). Please click to [sign up](#) or use the sign up sheets in the Foyer.

For information about office hours, worship services,

Stay Connected

religious education, music, pathways to membership, and church events, visit <http://www.winchesteruu.org/>

To access the members' section of the website, [contact the office](#) for the password.

The deadline for all Highlights submissions: **Wednesdays, 9:00 a.m.** and OOS announcements submissions: **Thursdays, 9:00 a.m.** should go to adminassistant@winchesteruu.org. All articles submitted should be no more than 250 words.

Contact Us

To contact any member of the staff at the Winchester Unitarian Society, you may start with the Office: office@winchesteruu.org or visit the [Contact page](#) of our website for specific information.

Winchester Unitarian Society | 478 Main St. Winchester MA 01890
(781) 729-0949 | office@winchesteruu.org | www.winchesteruu.org

STAY CONNECTED

