

*“There is a quality of listening that is possible among a circle of human beings, who by their attentiveness to one another create a space in which each person is able to give voice to the truth of his or her life. There is the miracle of authentic narrative, made possible by listening that holds still long enough to let the truth be told. **Where there is this kind of listening and speaking, a new kind of community is born - a community of life.**”*

- The Reverend Rebecca Parker, Unitarian
Universalist Theologian



Questions?

Contact Director of Lifespan Religious
Education, Rebecca Kelley Morgan
Rebecca@winchesteruu.org
Or Parish Minister,
the Rev. Heather Janules
Heather.Janules@winchesteruu.org

Soul Matters Meeting Days and Times

**Third Thursday Evening
(7:15-9:00 pm)**

Meets September-June with one
social gathering in the Summer
Contact: Martha Werler

**Fourth Tuesday Evening
(6:30-8:30 pm)**

Meets year round
Contact: Heather Janules

Worship and Reflection Themes for Fall to Spring, 2017-2018

September — Welcome
October — Courage
November — Abundance
December — Hope
January — Intention
February — Perseverance
March — Balance
April — Emergence
May — Creativity
June — Blessing

Participation is Free!

Notify the contact person for the group you wish to explore before your first meeting. They will answer your questions and prepare the group to welcome you. (If you do not have a WUS directory, call the office for the contact information.) Please attend at least two meetings before deciding whether you wish to continue.

Soul Matters



A Small Group Ministry of the Winchester Unitarian Society

478 Main Street
Winchester, MA 01890

781.729.0949

www.winchesteruu.org/worship/small-group-ministry/

Learn more at:
www.soulmatterssharingcircle.com

Join in the conversation!
<https://www.facebook.com/soulmatterssharingcircle/>

What is Soul Matters?

Soul Matters is part of the small group ministry program at the Winchester Unitarian Society.

How is Soul Matters Like Other Small Groups?

All our covenant groups give participants the opportunity to meet monthly for personal reflection, spiritual engagement and a deepening of community. The small group format provides opportunities for interpersonal intimacy and interaction beyond worship and congregational life on Sunday mornings. Look for our small group ministry brochure for more information.

How is Soul Matters Unique?

Soul Matters groups differ from other groups as they are directly tied to the monthly theme and draw from curricula that includes spiritual practices, thoughtful questions and quotes, videos and book and film suggestions.

What is the Soul Matters Format?

- Before the monthly meeting, Soul Matters participants receive a reflective curriculum, including a list of spiritual practices and questions to consider related to the theme.
- Within the monthly meeting, the session begins with an opening reading. The participants then share a personal check in, reflect on their experience of the spiritual practice, discuss the related questions, check out and end with a closing reading.
- The group adheres to a shared covenant—or promise—of how to be in relationship with one another.

Soul Matters Intentions

- Soul Matters is a Ministry of Reflection: In the midst of our busy modern lives, Soul

Matters invites us into slower, quieter time, allows us to act more as “human beings” than “human doings.” In this way, Soul Matters is a counter-cultural practice.

- Soul Matters is a Ministry of Connection: Spiritual reflection and growth can be an individual experience. But by exploring timeless themes in community, the insights of others nurture our own and strengthen our bonds with others.
- Soul Matters is a Ministry of Interdependence: We offer the Soul Matters small group ministry as part of a collaboration with more than 190 other congregations. Through the coordination of the Soul Matters Sharing Circle, we give and receive resources towards creating meaningful theme-based monthly curricula.