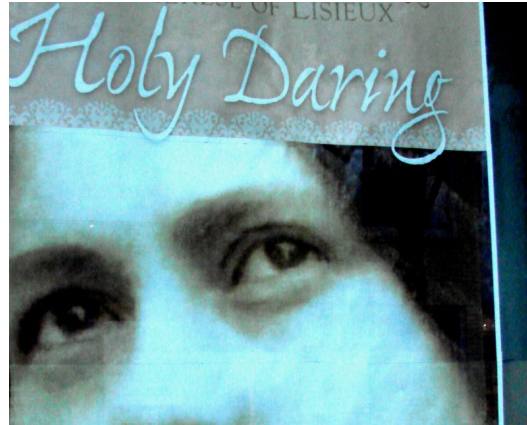


# Winchester Unitarian Society



## Highlights October 12, 2017

### **Sunday, Oct 15th: Poverty & Proximity** **With Rev. Heather Janules** **Worship Associate: Martin Newhouse**

Jesus of Nazareth reminds us that "the poor [we] will always have with [us.]" Yet, the recent escalation of income inequality also reminds us that poverty and wealth are subject to human influence. This service will include testimony by a member of Massachusetts Interfaith Worker Justice, will explore Bryan Stevenson's observation that justice begins by "getting proximate" to the poor and will invite us into reflection about how we can affect change in our local communities.

This Sunday, we share our gifts with **Massachusetts Interfaith Worker Justice**, "build[ing] collective power by advancing the rights of workers through unions, worker centers, and other expressions of the labor movement and by engaging diverse faith communities and allies in joint action, from grassroots organizing to shaping policy at the local, state and national levels." This service also explores our long-time relationship with the Woburn Council of Social Concern. As always, we invite people to donate to their food pantry, serving residents of Woburn and Winchester. This month, the pantry requests containers of shelf-stable milk and bags of dried beans. You may place these items in the box provided in the Symmes Room.

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### **DINE AROUND THE CLASSICS RSVP** **DEADLINE: SUNDAY 10/15!!**

So, if you have not yet mailed or handed in your reply card **NOW** is the time to do it! Perhaps we can assist you in making your choice:

- Have a taste for some homemade Vegetarian delights? Then why not sign up for the **Odyssey** on 11/4, or the **Vegetarian Epicure** on 10/29.



- Love a good mystery and a dinner with both vegetarian and omnivore options? Sign up for **The Secrets of Winsor House** on 10/21 at WUS.
- Up for some spooky Halloween fun, sign up for either **Cuisine de Dracula** or **Schnitzel und Strudel mit Victor on 10/28!**
- Have desire for some European cuisine and culture, may we point you to **Midnight in Paris** on 11/4 or we have one seat left for **Doctor Zhivago** on 10/21.

**The Pickwick Club, Quoth the Raven and An Unexpected Party** are sold out!! Check out the Dine Around display table in Symmes for descriptions, venues still open and extra reservation cards.

Library Passes confirming your reservation and the venue hosts/directions will be emailed early next week

Can't make it to a dinner then please consider being a SPONSOR by making a donation

**SIGN UP TODAY  
BEFORE YOUR DESIRED DINNER IS  
GOING...  
GOING...GONE!!**

## Music News

### From the Music Committee

Our 12th concert series kicks off with "**An Evening of Brahms Chamber Music**" on Nov 10th. A "Buddy Pass" is available for you to bring to the concert a non-WUS member who is also a concert series newcomer. Please consider becoming a concert series sponsor (\$125 donation), *Forte* sponsor (\$200 donation), or a *Fortissimo* sponsor (\$300 donation). Make your sponsorship check payable to WUS, write "concert series" in the memo field, and deliver it directly to the WUS office. To be acknowledged in our Nov 10th concert program, please submit your donation no later the Nov 6<sup>th</sup>. Thank you.

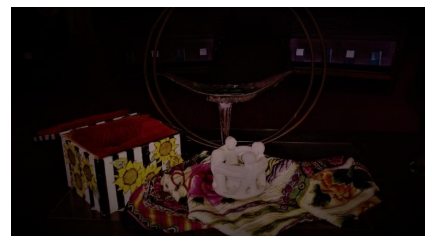
Children's Chorale meets every Tuesday from 6:15 to 7:00 p.m. in the Spirit Play room in the RE wing.

Interested in getting involved? Contact Music Director John Kramer at [John.kramer@winchesteruu.org](mailto:John.kramer@winchesteruu.org)

## Religious Education

### This Sunday in Religious Education:

**Morning Programs:** Who are our neighbors? And who are the people who need jobs that can provide them with enough to eat, and a safe place to live? Playroom with Juanita Simms. All others with teachers Georgia Hoffman, Jill Pylkkanen, Mia Pylkkanen, and Max Ward.



**Afternoon Programs:** F8th in Action meets THIS Sunday, October 15th 3-6 for our Walden Pond outing. Rain date is October 22<sup>nd</sup>.

**Our Whole Lives:** ***Our Whole Lives** will NOT be offered this fall. Unfortunately we did not have enough interest to run the class. We will offer it again in 2018 for 7<sup>th</sup> and 8<sup>th</sup> graders, anticipating that it will be filled. Please contact Rebecca Kelley-Morgan with any questions.*

### **Mark those Calendars!**

Something NEW this year. We have begun our Keepers of the Flame week long chalice lighting. For more details please check out our informational letter ([Keepers of the Flame Letter](#)).

**NEXT Bonus RE October 25th PUMPKIN PEOPLE 12-2** in Metcalf Kitchen and environs: We'll be carving pumpkins and processing apples. Watch for your evite with details.

**Bonus RE Tuesday, November 7<sup>th</sup> – election day: 1-3** in Metcalf Kitchen and environs. Please join us for a kitchen extravaganza and our annual chalice lego build.

Let us know how to reach you! We often have information and/or scheduling changes to share with families. If you have a child pre-k through 8<sup>th</sup> grades, please give us your current email address so that we may communicate more effectively with you. Send to [rebecca@winchesteruu.org](mailto:rebecca@winchesteruu.org)

### **Family Worship at Winchester Unitarian Society 10:00 a.m. Sundays**

In the month of October, we are remembering what it means to be courageous. This week we think about the courage we need to have less, so that others may have more.

**Growth and Learning at Winchester Unitarian: Save the Date!** Classism and Inequity. A conversation that matters, October 15<sup>th</sup> at 11:45, Symmes Room, Winchester Unitarian Society. Following up on last spring's Class Inequality Workshop, the Growth & Learning Committee hosts a discussion of topics from Chuck Collins' book *Born On Third Base* and his recent position paper "Reversing Inequality."

For optional reading prior to or after our conversation the following links lead to iterations of the position paper.

[Read the full report here \[PDF\].](#)

[Read a detailed summary here \[PDF\].](#)

[Download Quick Takeaways from the report here.](#)

[Find shareable graphics here.](#)

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## **WUSYG: Winchester Unitarian Society Youth Group**

Please [click here](#) to see our new webpage, which includes a calendar of upcoming WUSYG meetings and events, and other updates for parents/youth.

WUSYG Parents:



Please register your youth for this year by filling out this mandatory [Google form](#) and be sure to by join our new [WUSYG Parents Facebook Group](#) for last-minute updates from us and as a space to ask questions, share stories and generally be in community together.

## Congregational News

### Coffee Hour Refreshments

You can help make Sunday mornings more welcoming and joyful by bringing refreshments for coffee hour! If you are willing to be contacted when sign-ups are needed (usually once a month), please email [janetnelson@comcast.net](mailto:janetnelson@comcast.net) to put yourself on the contact list. (If you already receive my emails, you don't need to contact me, unless you'd prefer to be taken off the list.) Usually two people sign up to bring finger foods for one Sunday. We truly appreciate your willingness to be asked to help out in this simple way – thank you!



From Janet Nelson for the Fellowship Committee



### Michelsen Redo Fund Raising Status

To those who have contributed to the Michelsen Room Redo, **THANK YOU!** We are now at 18% towards our goal of \$17,000 to complete the renovation. There have already been some positive changes (check out the new lighting, chandelier and carpeting!), but we still have a long way to go. Don't you think those worn sofas are ready to be replaced???? Send your check to the Office, made out to Winchester Unitarian Society, with *Michelsen Redo* in the memo line.



### We Believe in Dog Saturday, October 28th

Want to enjoy the outdoors with your canine best friend and folks at WUS? Want to meet one of the Beagles in Residence, Temple?

Rev. Heather invites anyone who wants to go on a short hike to bring their (friendly and vaccinated) dog and join in the fun. (You don't have to have a dog to participate!)

**Our next walk will be Saturday, October 28th.** We will meet at the second of three entrances to the Middlesex Fells on Hillcrest Parkway at 10:00 am and start walking around 10:05. If you intend to come, contact Rev. Heather ([heather.janules@winchesteruu.org](mailto:heather.janules@winchesteruu.org)) with your cell number (if applicable) so she can call you if you are not there at walking time. Hope to see you there...And wear your WUS t-shirt if you have one!

### Sanctuary Task Force Film: "120 Days"

WUS is figuring out how to participate in the sanctuary movement. Come to the Wednesday, 10/18 showing of "120 Days."

One night only. "120 Days" throws a spotlight on the personal side of immigration. It tells the story of a man's final four months with his family while facing deportation. In 1998, Miguel Cortes crossed into the United States. He worked for years to save enough money to have his family join him in North Carolina in 2005. He volunteered to be deported alone and was given 120 days to get his affairs in order. Should he return to Mexico, or change his name and disappear with his family to another city?

Please join us October 18 from 7:00 - 9:00 PM in the Symmes Room.

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## **Update on WUS Black Lives Matter Banner Process: Fall Conversations are HERE!**

Recent attendees have said this about being a part of these "open conversations":

- "It was an intense, intimate, and thoughtful discussion with lots of sharing, listening and understanding between folks."
- "It's a privilege to be in this open honest conversation."
- "You really don't want to miss out on this experience."

As you may remember, a group of WUS members within the Racial Justice Team submitted a proposal for a BLM Banner Process to the Standing Committee and it was approved in late April. Since June we have been collecting your comments about the banner process via a display in the Symmes Room, with a comment box and at the following dedicated email address: [WUSBLMBannerProcessGroup@gmail.com](mailto:WUSBLMBannerProcessGroup@gmail.com)

You are also encouraged to speak directly with members of the BLM Banner Process Group: Steve Butterfield, Phil Coonley, Sarah Kelley, John Loewy, Gordon McIntosh, Kathy Richardson, Patty Shepard, and Sophia Sid.

We have two of our four scheduled "open conversations" left:

**Thursday, October 12th 7-9 pm in the Meyer Chapel**  
**Sunday October 22nd 12-2 pm in the Parlor**

Additional conversations will take place for other groups within the congregation including WUSYG, RE, OWL and the Wednesday daytime "Soup and Conversations." All conversations will be structured with a covenant and focused speaking and listening regarding sharing our own thoughts, feelings, and experiences about possibly having a Black Lives Matter banner at WUS. The broad range of policies advocated in the most recent Movement for Black Lives platform will be read aloud. This platform can be found at Movement for Black Lives and hard copies are available near our display in the Symmes Room.

Your participation is essential to help us determine the best possible ways to support our continued growth as a spiritual community, living within the wider white supremacist culture.

**PLEASE JOIN THE CONVERSATION!**

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**Family & Caregiver Support Group**

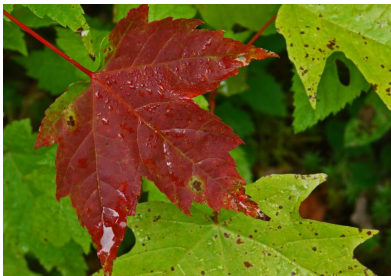


**Family & Caregiver Support Group**.....a drop-in group for family members, caregivers, and loved ones of individuals living with mental illness, facilitated by WUS members, Maria Shepherd, Maury Wood and Rebecca Kelley-

**Morgan meets next, Tuesday, October 24th, November 14<sup>th</sup> & 28<sup>th</sup>, 6:45-8:45 pm** in the Michelsen Room, just follow the signs! **The group meets every 2nd and 4th Tuesday of each month.**

*All WUS Caregiver support groups are facilitated by NAMI-trained leaders and provide a safe and confidential setting for mutual support and the sharing of resources. Looking for other local support groups or resources? Contact the Massachusetts chapter of the National Alliance on Mental Illness (NAMI), [www.namimass.org/NAMI](http://www.namimass.org/NAMI). If you have any questions, or would like to speak with someone about our groups or our initiative, please contact any of our facilitators or would like to speak with someone about our groups or our initiative, please contact: Maria Shepherd [mandmshepherd@comcast.net](mailto:mandmshepherd@comcast.net) or Maury Wood [mowood60@gmail.com](mailto:mowood60@gmail.com).*

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## **Grief Support Group**

The Grief Support Group will meet Tuesday October 24th from 7:30-9:00 pm (to be held in the Winchester Unitarian Society Parlor / go in the 478 Main Street circular drive door and to your right.) All are warmly welcome to attend.

The Grief Support Group is open to anyone in the community who has experienced loss and seeks a caring environment to process the complex feelings of grieving. If you have experienced a death of someone in your life and would like to explore your grief with other people who have also experienced loss, please consider attending a grief support group meeting.

Everyone makes his or her own individual journey after experiencing loss. Our group has found that by sharing our journeys with each other, we are strengthened and comforted.

The grief support meetings start with a reading and then a check-in by participants. You can say as much or as little as you feel comfortable saying (you can also choose to pass if you want.) Usually personal check-ins last a few minutes each and should be uninterrupted. Then the conversation opens up. The facilitator usually starts off this conversation with a topic or question to discuss. The meetings conclude at 9pm.

Our meetings are confidential - we ask that everyone observe the guideline that what is said in a meeting, stays in the meeting.

Please feel free to contact Lee Barton or Heather Janules if you would like more info on the Grief Support Program at WUS, or feel free to just show up at a meeting. **No RSVP needed.**

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## **Social Action and Outreach**

**Please participate in our Day of Service this Saturday from 9 to 2 pm. We are collecting household items for Mission of Deeds.** Used items in good condition are welcome. They particularly need bedding, including new pillows, pots

and pans, and basic cooking utensils.

**We are collecting toiletry items for Heading Home** for people who come to their shelter.

- Shampoo and conditioner
- Body wash and body lotion
- Toothbrush, toothpaste, dental floss
- Deodorant, and hand sanitizer

**Please donate “books that inspire”** for the Urban Ministry. UUUM needs inspirational books for its education and job-readiness program for survivors of domestic violence.

Join members to begin a **knitting project**: to make scarves and hats for the women’s shelter. If you can donate your time, expertise, yarn, or knitting needles sign up at the SAOC table.

**Build Relationship with Our Neighbors at the Islamic Center of Boston, Wayland.** Some members live in Winchester.

**The Interfaith Book Club Presents: Getting to the Heart of Interfaith**  
**Sun Oct 15, 3:00 – 5:00 PM at ICB Wayland, 126 Boston Post Rd, Wayland**

The story of a pastor, a rabbi and an imam and the friendship that grew out of their search for mutual understanding. RSVP here: [bookclub@icbwayland.org](mailto:bookclub@icbwayland.org)

***UU Urban Ministry, Mass Humanities, and First Parish Bedford Present:  
"Passage at St. Augustine"***

The Story of a 1964 Black Lives Matter Movement that transformed America

**Documentary Film Screening and Discussion**

**Sunday, October 15, 4pm**

**UU Urban Ministry, 10 Putnam Street Roxbury 02119**

This compelling documentary film tells the story of the violent civil rights campaign in deeply segregated St. Augustine, Florida that led to the passage of the 1964 Civil Rights Act. Following the screening there will be a discussion on civic engagement, race issues, and maintaining hope.

***Moral Revival Mass Meeting for the Poor People's Campaign:  
A National Call for Moral Revival***

**Thursday October 19, 7 pm at Trinity Church, Boston**

**206 Clarendon St, Boston, MA 02116**

Featuring **Rev. Dr. William Barber** and **Rev. Dr. Liz Theoharis**

The call for this Campaign has emerged from religious leaders and movements fighting to end systemic racism, poverty, militarism, environmental destruction & related injustices. It aims to build a broad national moral fusion movement – rooted in the leadership of the poor, marginalized and moral agents and reflecting the great moral teachings – to unite our country from the bottom up. We draw on the history, vision, and unfinished work of the 1967/68 Poor People’s Campaign.  
*Carpools may be arranged at the Social Action and Outreach table.*

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## **Class Inequality - What Can Be Done?**

On October 15 at 12 noon (after the service, in the Parlor, with light refreshments) Growth and Learning will have a presentation/discussion about class inequality, using materials from the author/activist Chuck Collins. His recent book **Born On Third Base** (A One Percenter makes the case for tackling inequality, bringing



wealth home, and committing to the common good) is an easy read about the problems of wealth disparity. As a Director of the Program On Inequality at the Institute For Policy Studies he has recently published a paper entitled **Reversing Inequality: Unleashing the Transformative Potential of an Equitable Economy**. The document is at <https://www.ips-dc.org/report-reversing-inequality/>

A detailed summary is here <http://www.ips-dc.org/wp-content/uploads/2017/08/ReversingInequalitySummary.pdf>

We will watch some short videos of Chuck speaking on the subject, and discuss these issues together.

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## An invitation from Deb Bennett

If you have a body and if you breathe, you can experience the benefits of Qi Gong. But what is Qi Gong? The word Qi comes from the Taoist tradition and means simply, life force energy. The word 'gong' refers to the ability to 'work with'. So, Qi Gong is a wonderful centuries old practice of working with our energy to increase our experience of vitality and health in our bodies, calmness and clarity in our minds and openness and peace in our hearts. Movements are simple and accessible to all. Curious?

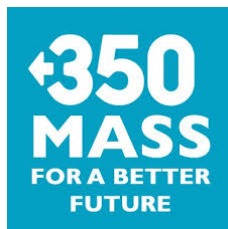


Please join me October 27th and 28th right here at WUS as we welcome Lee Holden, a Qi Gong master teacher and practitioner. See the flyer for more details and how to register. I am available if you have any questions: [debmorganbennett@gmail.com](mailto:debmorganbennett@gmail.com) or check out [holdenqigong.com](http://holdenqigong.com). Hope to see you then!

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## Volunteers sought to bring “POP” to WUS Marketing

Convinced that many potential WUS congregants have little awareness of the WUS's many attractions? If so, please join a 3-month task force to recommend purpose, outcomes, and process (“POP”) for achieving sustainable effective marketing. Contact Phil Coonley (of Membership Committee) at [781-729-6787](tel:781-729-6787) or [coonley@me.com](mailto:coonley@me.com).



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## 350Mass for a Better Future in Michelsen

**Dates: (every other Wednesday)**

**October 11 & 25, November 8 & 22**

**December 6 & 20, January 3, 17 & 31**

**Time: 11:30-12:00 pm Social time and newcomers,  
12:00-1:30 pm Meeting**

We welcome all of those who would like to feel the rewards and challenges of interacting with state legislatures as they construct laws to improve our environment, such as as mitigating CO2 emissions by reducing our reliance on fossil fuels. We are aligned with the group 350 Mass and you can learn more about all of the activities of this group at the following website: <http://350mass.betterfutureproject.org/>

In addition to our work with legislators we have some social gatherings, go to some



members have guest speakers who educate us on some of the complex issues confronting our environment today.

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**Thank You!!!**

## Special Thanks

Special thanks to Claire McNeill for helping sort out and reshelve the Michelsen Room library books.

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## Office Hours

Office hours for Thursday, Oct 19th  
and Friday, October 20th:  
9:00 to 2:30 p.m.



## Woburn Food Pantry

Next time you go shopping, please consider buying an extra **Progresso Soup and Macaroni and Cheese.** for the Council of Social Concern's Food Pantry. These are the items they need this month to stock their shelves. Thank you for your generosity.

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## Meditation News

Meets almost every Wednesday from 6:30 - 7:30 p.m. in the Meyer Chapel. Sitting from 6:30 to 7:00 p.m. Walking from 7:00 to 7:15 p.m. Discussion 7:15 to 7:30 p.m. Contact Ron Denhardt ([rondenhardt@gmail.com](mailto:rondenhardt@gmail.com)) for info.



## Fall Yoga Session Monday nights 6:30 - 8:00 pm

Fall Session thru November 20<sup>th</sup>. Our yoga teacher, Jamie Sokolowski, will guide us through a gentle, yet stimulating and refreshing Kripalu-style yoga class. No previous experience necessary. We meet in the chapel from 6:30 – 8:00 pm. Each class ends with a relaxation, allowing you to pause deeply before facing the coming week. Several payment options are available: a 10-class card for \$130, a 5-class card for \$65 or drop-in for one class for \$15. We are strongly committed to having the yoga class be an integral part of our church ministry and invite all who wish to take part to attend and offer a donation as you are able. For further information, you may contact Fritzie Nace at [fritzie.nace@gmail.com](mailto:fritzie.nace@gmail.com).

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## Joys, Sorrows and Transitions

If you are facing a time of joy, sorrow or transition in your life, our minister and

the Pastoral Care Associates are available to offer a listening ear, compassionate presence and, if applicable, resources.

You may reach the Rev. Heather Janules in the office at 781.729.0949. She can also connect you with a Pastoral Care Associate or the Caring Network (providing short-term, practical support like rides and meals.) To learn more about the PCAs, pick up a brochure when you are in the church.



## Flower Dedications

Dates are available for flower dedications. You may dedicate flowers in celebration of, in memory of, or in honor of someone and it will appear in the Order of Service. The cost is \$45.00 (or you can bring your own flowers, but let the office know). Please click to [sign up](#) or use the sign up sheets in the Foyer.



For information about office hours, worship services, religious education, music, pathways to membership, and church events, visit <http://www.winchesteruu.org/>

To access the members' section of the website, [contact the office](#) for the password.

The deadline for all Highlights submissions: **Wednesdays, 9:00 a.m.** and OOS announcements submissions: **Thursdays, 9:00 a.m.** should go to [adminassistant@winchesteruu.org](mailto:adminassistant@winchesteruu.org). All articles submitted should be no more than 250 words.

## Contact Us

To contact any member of the staff at the Winchester Unitarian Society, you may start with the Office: [office@winchesteruu.org](mailto:office@winchesteruu.org) or visit the [Contact page](#) of our website for specific information.

Winchester Unitarian Society | 478 Main St. Winchester MA 01890  
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