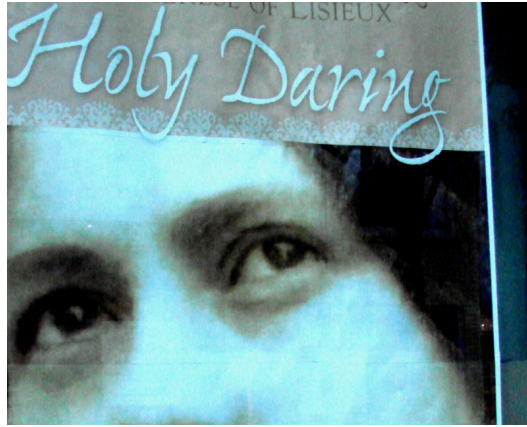


# Winchester Unitarian Society



## Highlights October 19, 2017

**Sunday, Oct 22nd: Say No. But Say Yes Too**  
**With Rev. Mary Margaret Earl**  
**Worship Associate: Ivan Correia**

As we stand against injustice and intolerance, we also reflect on what we stand for.

This Sunday, we welcome the Rev. Mary Margaret Earl, Senior Minister of the Unitarian Universalist Urban Ministry back to WUS. We will Share the Plate with the **UUUM**, which "unites communities and transforms individuals through education, service, and advocacy. [They] engage communities and congregations in social action and change, with programs that empower youth and adults to realize their full potential."

For those who want the music playlist Worship Associate Carol Cashion referenced in the service on October 1st, visit: <https://tinyurl.com/ycq14r9c>

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## Music News

### From the Music Committee

Our 12th concert series kicks off with "**An Evening of Brahms Chamber Music**" on Nov 10th. A "Buddy Pass" is available for you to bring to the concert a non-WUS member who is also a concert series newcomer. Please consider becoming a concert series sponsor (\$125 donation), *Forte* sponsor (\$200 donation), or a *Fortissimo* sponsor (\$300 donation). Make your sponsorship check payable to WUS, write "concert series" in the memo field, and deliver it directly to the WUS office. To be acknowledged in our Nov 10th concert program, please submit your donation no later the Nov 6<sup>th</sup>. Thank you.

Children's Chorale meets every Tuesday from 6:15 to 7:00 p.m. in the Spirit Play room in the RE wing.

Interested in getting involved? Contact Music Director John Kramer at

## Religious Education

### This Sunday in Religious Education:

**Morning Programs:** In this month of exploring courage, we explore the courage it takes to “be ourselves” without embarrassment or shame. When we are a diverse community, we are a healthier community.

Playroom with Juanita Simms. All others with teachers Georgia Hoffman, Jill Pylkkanen, Mia Pylkkanen, and Max Ward.

**Afternoon Programs:** F8th in Action meets THIS Sunday, October 22<sup>nd</sup>, 4:30 PM.

7<sup>th</sup> Grade Parents: Since we are not offering the Our Whole Lives Program this year, let’s talk about church connections for your 7<sup>th</sup> grader. Interested families, please contact Rebecca Kelley Morgan.

### Mark those Calendars!

Something NEW this year. We have begun our Keepers of the Flame week long chalice lightings. For more details please check out our informational letter ([Keepers of the Flame Letter](#)). If you are not on the list of Chalice Lighting families, and would like to be, please let us know via Rebecca.

**NEXT Bonus RE Wednesday, October 25th PUMPKIN PEOPLE 12-2 pm** in Metcalf Kitchen and environs: We’ll be carving pumpkins and processing apples. Watch for your invite with details. This is a great time to introduce friends of your child to our congregation’s building and kids. Please RSVP since carving space is limited.

**Bonus RE Tuesday, November 7<sup>th</sup> – election day: 1-3 pm** in Metcalf Kitchen and environs. Please join us for an herb and kitchen extravaganza and our annual chalice lego build.

Let us know how to reach you! We often have information and/or scheduling changes to share with families. If you have a child pre-k through 8<sup>th</sup> grades, please give us your current email address so that we may communicate more effectively with you. Send to [rebecca@winchesteruu.org](mailto:rebecca@winchesteruu.org)

### Family Worship at Winchester Unitarian Society 10:00 a.m. Sundays

In the month of October, we are remembering what it means to be courageous. How do we weave together a community? Sometimes it just happens, sometimes it takes a little more thoughtfulness and courage.

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## WUSYG: Winchester Unitarian Society Youth Group

Please [click here](#) to see our new webpage, which includes a calendar of upcoming WUSYG meetings and events, and other updates for parents/youth.

WUSYG Parents:



Please register your youth for this year by filling out [this mandatory Google form](#) and be sure to by join [our new WUSYG Parents Facebook Group](#) for last-minute updates from us and as a space to ask questions, share stories and generally be in community together.

## Congregational News

### DINE AROUND: GOOD AND ALSO GOOD NEWS!



Good news: Most of the dinners are sold out!!!  
YEA and thank you for supporting the church!

Also good news: The **Dracula and Frankenstein dinners on the 28th**, still have a few openings, as does the **Vegetarian Epicure lunch on the 29th**. We'd like to give everyone to have an opportunity to have FUN while supporting the church and our hosts have been working hard to plan these delicious meals, so we're give you another chance to sign up! Let's fill up these spots!

Contact Fritzie Nace ([fritzie.nace@gmail.com](mailto:fritzie.nace@gmail.com)) **BY SUNDAY** to reserve.

**THIS IS THE CHURCH'S ONLY FUND-RAISER THIS YEAR!** Please participate.

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### We Believe in Dog Saturday, October 28th

Want to enjoy the outdoors with your canine best friend and folks at WUS? Want to meet one of the Beagles in Residence, Temple?

Rev. Heather invites anyone who wants to go on a short hike to bring their (friendly and vaccinated) dog and join in the fun. (You don't have to have a dog to participate!)

**Our next walk will be Saturday, October 28th.** We will meet at the second of three entrances to the Middlesex Fells on Hillcrest Parkway at 10:00 am and start walking around 10:05 am. If you intend to come, contact Rev. Heather ([heather.janules@winchesteruu.org](mailto:heather.janules@winchesteruu.org)) with your cell number (if applicable) so she can call you if you are not there at walking time. Hope to see you there...And wear your WUS t-shirt if you have one!

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### Standing Committee Update

At our October 11 meeting, we unanimously approved and welcomed James Pidacks as our new member to the Committee. With Sheila Puffer filling another empty slot in September, we are now a full contingent. The Committee listened to a presentation by Steve Milt and Don Landing on a gift acceptance policy that will be useful when non-cash or illiquid gifts are presented to the congregation. Starting next year, we will look to fill a half-time intern minister position each year rather than a full time position every other year. According to Rev. Heather, this should better fit with the way ministerial students are more commonly arranging their

schedules. The Committee also voted its continued support of the four annual committees: Stewardship & Finance, Building & Grounds, Green Sanctuary, and Personnel. Looks like we will be getting a suggestion box. Thanks to Steve Forcucci for volunteering to find or make one!

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### **Gardening Group:**

Join us for two more opportunities to “dig in the dirt” - Saturday, October 28<sup>th</sup> 9 am - 12 pm to finish digging new garden beds along the Metcalf Hall wall and begin to “put the garden to bed”.

- Sunday, November 19<sup>th</sup> 4:30 pm - 6:30 pm to put together bundles of herbs to go with the Thanksgiving baskets.

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### **Update on WUS Black Lives Matter Banner Process: Don't miss the last of our Fall Conversations this coming Sunday**

Recent attendees have said this about being a part of these "open conversations":

- "It was an intense, intimate, and thoughtful discussion with lots of sharing, listening and understanding between folks."
- "It's a privilege to be in this open honest conversation."
- "You really don't want to miss out on this experience."

As you may remember, a group of WUS members within the Racial Justice Team submitted a proposal for a BLM Banner Process to the Standing Committee and it was approved in late April. Since June we have been collecting your comments about the banner process via a display in the Symmes Room, with a comment box and at the following dedicated email address: [WUSBLMBannerProcessGroup@gmail.com](mailto:WUSBLMBannerProcessGroup@gmail.com)

You are also encouraged to speak directly with members of the BLM Banner Process Group: Steve Butterfield, Phil Coonley, Sarah Kelley, John Loewy, Gordon McIntosh, Kathy Richardson, Patty Shepard, and Sophia Sid.

We have one of our four scheduled "open conversations" left:

#### **Sunday October 22nd 12-2 pm in the Parlor**

Additional conversations will take place for other groups within the congregation including WUSYG, RE, OWL and the Wednesday daytime “Soup and Conversations.” All conversations will be structured with a covenant and focused speaking and listening regarding sharing our own thoughts, feelings, and experiences about possibly having a Black Lives Matter banner at WUS. The broad range of policies advocated in the most recent Movement for Black Lives platform will be read aloud. This platform can be found at Movement for Black Lives and hard copies are available near our display in the Symmes Room.

Your participation is essential to help us determine the best possible ways to support our continued growth as a spiritual community, living within the wider white



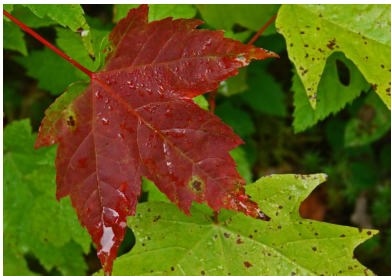
## **Family & Caregiver Support Group**

**Family & Caregiver Support Group**.....a drop-in group for family members, caregivers, and loved ones of individuals living with mental illness, facilitated by WUS members, Maria Shepherd, Maury Wood and Rebecca Kelley-

**Morgan meets next, Tuesday, October 24th, November 14<sup>th</sup> & 28<sup>th</sup>, 6:45-8:45 pm** in the Michelsen Room, just follow the signs! **The group meets every 2nd and 4th Tuesday of each month.**

*All WUS Caregiver support groups are facilitated by NAMI-trained leaders and provide a safe and confidential setting for mutual support and the sharing of resources. Looking for other local support groups or resources? Contact the Massachusetts chapter of the National Alliance on Mental Illness (NAMI), [www.namimass.org/NAMI](http://www.namimass.org/NAMI). If you have any questions, or would like to speak with someone about our groups or our initiative, please contact any of our facilitators or would like to speak with someone about our groups or our initiative, please contact: Maria Shepherd [mandmshepherd@comcast.net](mailto:mandmshepherd@comcast.net) or Maury Wood [mowood60@gmail.com](mailto:mowood60@gmail.com).*

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## **Grief Support Group**

The Grief Support Group will meet Tuesday October 24th from 7:30-9:00 pm (to be held in the Winchester Unitarian Society Parlor / go in the 478 Main Street circular drive door and to your right.) All are warmly welcome to attend.

The Grief Support Group is open to anyone in the community who has experienced loss and seeks a caring environment to process the complex feelings of grieving. If you have experienced a death of someone in your life and would like to explore your grief with other people who have also experienced loss, please consider attending a grief support group meeting.

Everyone makes his or her own individual journey after experiencing loss. Our group has found that by sharing our journeys with each other, we are strengthened and comforted.

The grief support meetings start with a reading and then a check-in by participants. You can say as much or as little as you feel comfortable saying (you can also choose to pass if you want.) Usually personal check-ins last a few minutes each and should be uninterrupted. Then the conversation opens up. The facilitator usually starts off this conversation with a topic or question to discuss. The meetings conclude at 9 pm.

Our meetings are confidential - we ask that everyone observe the guideline that what is said in a meeting, stays in the meeting.

Please feel free to contact Lee Barton or Heather Janules if you would like more info on the Grief Support Program at WUS, or feel free to just show up at a meeting. **No RSVP needed.**

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## November 12<sup>th</sup>: We're Thoreau-ing a Party!

In honor of his birthday, a collaborative of organizations have invited each town in Massachusetts to host a community READ for the 200<sup>th</sup> anniversary of Henry David Thoreau's birth. In the morning worship service, we sink into Thoreau's thoughts about transcendence and the connections we can make to the first of our Unitarian Universalist sources of faith "Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life" Later that day, we open our doors to the greater community with a "Thoreau Reads" gathering.

What to read? The digital collection is here <https://www.walden.org/thoreau/the-writings-of-henry-david-thoreau-the-digital-collection/> Some thoughts, applied to government and institutions, as well as to the life and freedoms of the individual are found in An Essay; On The Duty of Civil Disobedience <http://www.gutenberg.org/files/71/71-h/71-h.htm>

For guidance about Thoreau's work from a contemporary scholar and what chapters you might choose to read from Walden <https://theamericanscholar.org/reading-thoreau-at-200/#.WeijedenGM8>

And the book Walden, chapter by chapter is here <http://www.gutenberg.org/files/205/205-h/205-h.htm> Hard copy of selected chapters are available at the church.

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### Social Action and Outreach

"Is my skin brown because I drink chocolate milk?" Children ask questions and are curious about racial differences. *Why Are All the Black Kids Sitting Together in the Cafeteria?* by Beverly Daniel Tatum is the topic for a **community discussion hosted by our Racial Justice Team, on Sunday afternoon, November 5**. Participants are invited for refreshments at 3:30 p.m. followed by discussion from 4:00-5:30 p.m.

Tatum's book, first published in 1977, has been updated and is even more relevant today as it explores issues of race and racism in our country. The book's title is based on some of the questions she has been asked over many years as a college professor and psychologist. *Join the conversation whether you've read the book or not*, as we touch on topics such as racial identity, how to be an ally to people of color, American values, parenting strategies, and affirmative action. Books are available at Book Ends.

The Islamic Society of Boston Cultural Center and Temple Beth Zion are co-hosting an "**Out of Many, One**" **teach-in and solidarity with the Boston Muslim community** this coming Sunday, October 22, 2-4 p.m. at the Temple Beth Zion, [1566 Beacon Street](#) in Brookline. This Greater Boston Interfaith Organization (GBIO) event is an opportunity to learn more about the Muslim faith and to hear stories from individuals of their experiences being Muslim in Boston. We'll also learn about specific threats facing the Muslim community in these troubling times and about what we can do to be of support.

RSVP at <http://isbcc.org/out-of-many-one/> or see the Facebook post at <https://www.facebook.com/events/1860404497535013>



**There is still time for YOU to make a difference on Criminal Justice Reform.** A Comprehensive Criminal Justice Reform Bill, S.2170 has been reported out of the Judiciary Committee to the Senate, where it is likely to pass. UU Mass Action recommends we write our representatives in the House by November 1, to urge them to work for the same reforms. You may wish to use this draft letter. [Click here to find a template for your representative](#)

### **Courageous Women of Resistance**

**Mon Oct 23, 7:00 PM Community Church of Boston, 565 Boylston St. 617-266-6710 Sponsored by The Tree of Life Educational Fund and UUs for Justice in the Middle East**

**Speakers: Fayrouz Sharqawi**, a Palestinian citizen of Israel, is the Advocacy Coordinator at Grassroots Jerusalem (GJ), a platform for Palestinian community-based mobilization, leadership and advocacy in occupied Jerusalem.

**Madonna Thunder Hawk** is a member of the Oohenumpa band of the Cheyenne River Sioux.

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### **Register Today!! An invitation with Deb Morgan Bennett**

If you have a body and if you breathe, you can experience the benefits of Qi Gong. But what is Qi Gong? The word Qi comes from the Taoist tradition and means simply, life force energy. The word 'gong' refers to the ability to 'work with'. So, Qi Gong is a wonderful centuries old practice of working with our energy to increase our experience of vitality and health in our bodies, calmness and clarity in our minds and openness and peace in our hearts. Movements are simple and accessible to all. Curious?

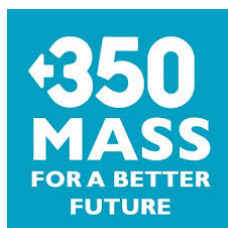


Please join me October 27th and 28th right here at WUS as we welcome Lee Holden, a Qi Gong master teacher and practitioner. See the flyer for more details and how to register. I am available if you have any questions: [debmorganbennett@gmail.com](mailto:debmorganbennett@gmail.com) or check out [holdenqigong.com](http://holdenqigong.com). Hope to see you then!

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### **Volunteers sought to bring “POP” to WUS Marketing**

Convinced that many potential WUS congregants have little awareness of the WUS's many attractions? If so, please join a 3-month task force to recommend purpose, outcomes, and process (“POP”) for achieving sustainable effective marketing. Contact Phil Coonley (of Membership Committee) at [781-729-6787](tel:781-729-6787) or [coonley@me.com](mailto:coonley@me.com).



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### **350Mass for a Better Future in Michelsen**

**Dates: (every other Wednesday)**

**October 25, November 8 & 22**

**December 6 & 20, January 3, 17 & 31**

**Time: 11:30-12:00 pm Social time and newcomers,  
12:00-1:30 pm Meeting**

We welcome all of those who would like to feel the rewards and challenges of

interacting with state legislatures as they construct laws to improve our environment, such as as mitigating CO2 emissions by reducing our reliance on fossil fuels. We are aligned with the group 350 Mass and you can learn more about all of the activities of this group at the following website:

<http://350mass.betterfutureproject.org/>

In addition to our work with legislators we have some social gatherings, go to some marches and have guest speakers who educate us on some of the complex issues confronting our environment today.

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## Office Hours

Today, Oct 19th: 9:00 to 4:00 p.m.  
Tomorrow, October 20th: 9:00 to 2:30 p.m.



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## Coffee Hour Refreshments

You can help make Sunday mornings more welcoming and joyful by bringing refreshments for coffee hour! If you are willing to be contacted when sign-ups are needed (usually once a month), please email [janetnelson@comcast.net](mailto:janetnelson@comcast.net) to put yourself on the contact list. (If you already receive my emails, you don't need to contact me, unless you'd prefer to be taken off the list.) Usually two people sign up to bring finger foods for one Sunday. We truly appreciate your willingness to be asked to help out in this simple way – thank you!

From Janet Nelson for the Fellowship Committee



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## Woburn Food Pantry



Next time you go shopping, please consider buying an extra **Progresso Soup and Macaroni and Cheese**. for the Council of Social Concern's Food Pantry. These are the items they need this month to stock their shelves. Thank you for your generosity.

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## Meditation News

Meets almost every Wednesday from 6:30 - 7:30 p.m. in the Meyer Chapel. Sitting from 6:30 to 7:00 p.m. Walking from 7:00 to 7:15 p.m. Discussion 7:15 to 7:30 p.m. Contact Ron Denhardt ([rondenhardt@gmail.com](mailto:rondenhardt@gmail.com)) for info.



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## Fall Yoga Session Monday nights 6:30 - 8:00 pm

Fall Session thru November 20<sup>th</sup>. Our yoga teacher, Jamie Sokolowski, will guide us through a gentle, yet stimulating and refreshing Kripalu-style yoga class. No previous experience necessary. We meet in the chapel from 6:30



– 8:00 pm. Each class ends with a relaxation, allowing you to pause deeply before facing the coming week. Several payment options are available: a 10-class card for \$130, a 5-class card for \$65 or drop-in for one class for \$15. We are strongly committed to having the yoga class be an integral part of our church ministry and invite all who wish to take part to attend and offer a donation as you are able. For further information, you may contact Fritzie Nace at [fritzie.nace@gmail.com](mailto:fritzie.nace@gmail.com).

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## Joys, Sorrows and Transitions

If you are facing a time of joy, sorrow or transition in your life, our minister and the Pastoral Care Associates are available to offer a listening ear, compassionate presence and, if applicable, resources.

Our thoughts are with **Emmons and Betty Ellis** as Emmons has transitioned to Winchester Rehabilitation Center. Betty encourages those who know Emmonds to stop by and visit. He would love your company!

You may reach the Rev. Heather Janules in the office at 781.729.0949. She can also connect you with a Pastoral Care Associate or the Caring Network (providing short-term, practical support like rides and meals.) To learn more about the PCAs, pick up a brochure when you are in the church.

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## Community News

### 4th Annual Story Slam (Like NPR's "The Moth")

When: Saturday, November 4th, 7:00 - 9:00 PM

Where: First Church Unitarian, [19 Foster St., Littleton](#)

Tickets: <https://2017storyslam.eventbrite.com>.

Flyer: <https://drive.google.com/file/d/0B2zdGjNv-BbAX28yZU0xV0o3bE0/view>

Enjoy food, fun, and fellowship while supporting UU Mass Action and our shared social justice work!

Story Tellers: Rev. Lynda Sutherland (First Parish, Northboro), Rev. Ellen Rowse Spero (First Unitarian Chelmsford), Sam Wilson (Director of Youth Ministries, Winchester), Rev Jo Van Rue Minister-in-Residence, Concord), Rev. Steve Edington (First Church Unitarian, Littleton), and Rev Nathan Detering (UU Area Church Sherborn)

Emcee: Rev. Robin Bartlett, Senior Pastor, First Church in Sterling

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## Flower Dedications



Dates are available for flower dedications. You may dedicate flowers in celebration of, in memory of, or in honor of someone and it will appear in the Order of Service. The cost is \$45.00 (or you can bring your own flowers, but let the office know). Please click to [sign up](#) or use the sign up sheets in the Foyer.

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For information about office hours, worship services, religious education, music, pathways to membership,

# Stay Connected

and church events, visit <http://www.winchesteruu.org/>

To access the members' section of the website, [contact the office](#) for the password and to view the church calendar, please click [here](#).

The deadline for all Highlights submissions: **Wednesdays, 9:00 a.m.** and OOS announcements submissions: **Thursdays, 9:00 a.m.** should go to [adminassistant@winchesteruu.org](mailto:adminassistant@winchesteruu.org). All articles submitted should be no more than 250 words.

## Contact Us

To contact any member of the staff at the Winchester Unitarian Society, you may start with the Office: [office@winchesteruu.org](mailto:office@winchesteruu.org) or visit the [Contact page](#) of our website for specific information.

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STAY CONNECTED

