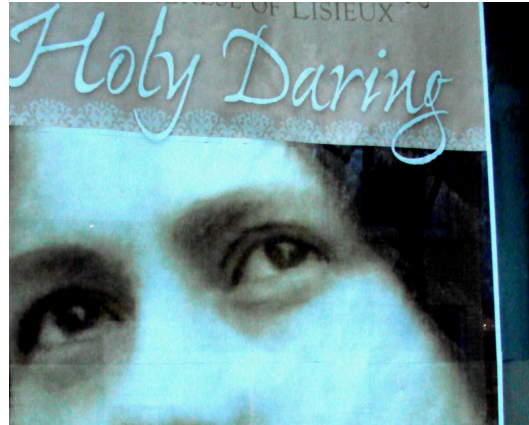


Winchester Unitarian Society



Highlights *October 26, 2017*

**Sunday, Oct 29th: Call and Response: Voices Beyond the Veil
With Rev. Heather Janules
Worship Associate: Peter McEntee**

In this time when the ancients tell us the barrier between the living and the dead is the thinnest, this service centers on the many ways we hear and carry the voices of our beloved with us in our own lives. As is our tradition, all are invited to bring photos and small mementos of people we remember to the service for special placement in the sanctuary.

This Sunday, we share our gifts with the **Hospice and Palliative Care Federation of Massachusetts**, connecting individuals with organizations providing compassionate end-of-life resources and care for patients and their families.

Music News

No Children's Chorale Tuesday, October 31st.

Interested in getting involved? Contact Music Director John Kramer at John.kramer@winchesteruu.org

Religious Education

This Sunday in Religious Education:

Morning Programs: Around the world, this time of year, people remember those who have died, our ancestors, our beloved family members – human and non-human.

Playroom with Juanita Simms. All others with teachers Georgia Hoffman, Jill Pylkkanen, Mia Pylkkanen, and Max Ward.

Afternoon Programs: F8th in Action meets THIS Sunday, October 22nd, 4:30 PM.

7th Grade Parents: Since we are not offering the Our Whole Lives Program this year, let's talk about church connections for your 7th grader. Interested families, please contact Rebecca Kelley Morgan.

Mark those Calendars!

Something NEW this year. We have begun our Keepers of the Flame week long chalice lightings. For more details please check out our informational letter ([Keepers of the Flame Letter](#)). If you are not on the list of Chalice Lighting families, and would like to be, please let us know via Rebecca.

Bonus RE Tuesday, November 7th – Election Day: 1-3 p.m. in Metcalf Kitchen and environs. Please join us for an herb and kitchen extravaganza and our annual chalice Lego build.

Let us know how to reach you! We often have information and/or scheduling changes to share with families. If you have a child pre-k through 8th grades, please give us your current email address so that we may communicate more effectively with you. Send to rebecca@winchesteruu.org

Family Worship at Winchester Unitarian Society 10:00 a.m. Sundays

This week, we celebrate the Wheel of the Year, as the summer turns to winter, we stop and remember what has been and what is yet to come.

WUSYG: Winchester Unitarian Society Youth Group

Please [click here](#) to see our new webpage, which includes a calendar of upcoming WUSYG meetings and events, and other updates for parents/youth.

WUSYG Parents:

Please register your youth for this year by filling out **this mandatory [Google form](#)** and be sure to by join **our new [WUSYG Parents Facebook Group](#)** for last-minute updates from us and as a space to ask questions, share stories and generally be in community together.

Congregational News



From the Music Committee

Our 12th concert series kicks off with **"An Evening of Brahms Chamber Music"** on Nov 10th. A "Buddy Pass" is available for you to bring to the concert a non-WUS member who is also a concert series newcomer. Please consider becoming a concert series sponsor (\$125 donation), *Forte* sponsor (\$200 donation), or a *Fortissimo* sponsor (\$300 donation). Make your sponsorship check payable to WUS, write "concert series" in the memo field, and deliver it directly to the WUS office. To be acknowledged in our Nov 10th concert program, please submit your donation no later the Nov 6th. Thank you.

DINE AROUND THE CLASSICS...

Dine Around the Classics is in full swing! From what we hear, the scenes were elegantly set with decorations, table settings and even some costumes! And we hear the meals were divine!



If you'd like to get in on the drama, **THIS Saturday evening (10/28)** the **Dracula** dinner, has ONE seat available, and promises to be supremely delicious and entertaining!. **On Sunday 10/29 at 1 pm, The Vegetarian Epicure Luncheon** buffet, featuring local and organic fare, can accommodate several more.

BUT, please contact [Fritzie Nace](mailto:fritzie.nace@gmail.com), fritzie.nace@gmail.com **ASAP** so our hosts can prepare accordingly!

Thank you to all who have signed up for this romp through the classics to support our beloved WUS!



It's time for "*Much Ado about Redo*"

—
An Evening of Thanks and Celebration:
Wednesday, November 15, 6:00 pm

Yes, Phases One and Two are done - Join us for an evening of gratitude! Team Redo invites everyone who has already made, is planning to make, or is considering making a donation in any amount to the Michelson/Redo Fund for an evening of thanks and celebration.

If you haven't already done so, to make a donation and join in the fun, simply write a check in any amount to the Winchester Unitarian Society, note "Michelsen" or "Redo" in the memo line, and drop it in the church office.

Our evening will begin with a ribbon-cutting and unveiling of Phases One and Two of the Michelsen Redo Project. Join your Redo Team for a sampling of fine Italian cheeses, antipasto, white wine, sparkling water, and sparkling conversation. Come enjoy the elegant ambiance of the *mostly* renewed Michelsen room. Examine from our archives the gorgeous original hand-painted watercolor designs of the stained glass windows in our sanctuary, and architectural blueprints of the 1898 design for the church. In the final phase, we hope to restore the originals, reproduce blue prints and frame these for display in the Michelsen room. Mark your calendar: Celebratory Soiree - Wednesday, November 15, 6:00 - 7:30 pm. Please meet in the Main Street foyer for the ribbon-cutting.

RSVP to office@winchesteruu.org by Monday, November 13.

We Believe in Dog
Saturday, October 28th

Want to enjoy the outdoors with your canine best friend and folks at WUS? Want to meet one of the



Beagles in Residence, Temple?

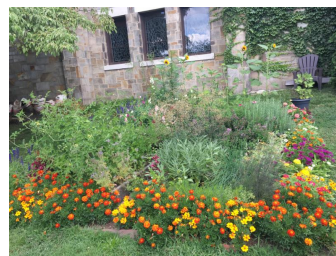
Rev. Heather invites anyone who wants to go on a short hike to bring their (friendly and vaccinated) dog and join in the fun. (You don't have to have a dog to participate!)

Our next walk will be Saturday, October 28th.

We will meet at the second of three entrances to the Middlesex Fells on Hillcrest Parkway at 10:00 am and start walking around 10:05 am. If you intend to come, contact Rev. Heather (heather.janules@winchesteruu.org) with your cell number (if applicable) so she can call you if you are not there at walking time. Hope to see you there...And wear your WUS t-shirt if you have one!

Hello Gardeners!

This Saturday morning, we are planning to start wrapping up the herb and flower garden, finish digging new beds by Metcalf and possibly haul and spread compost/dirt from the Transfer Station to the new beds and for under the newly-pruned bushes just outside the kitchen door.



We'd love your company and help. We plan to start at 9:00 am and finish at 12:00 p.m.

The following week on Tuesday, Nov 7th, we will be helping the RE kids during their "Bonus RE day" to make herb bundles for the Thanksgiving baskets. If you would like to help with that, please let us know so we can keep you in the planning loop. From, [Fritzie Nace](#) or [Margaret Lowry](#).

Family & Caregiver Support Group

Family & Caregiver Support Group a drop-in group for family members, caregivers, and loved ones of individuals living with mental illness, facilitated by WUS members, Maria Shepherd, Maury Wood and Rebecca Kelley-

Morgan meets next, Tuesday, November 14th & 28th, December 12th & 26th 6:45-8:45 pm in the Michelsen Room, just follow the signs! **The group meets every 2nd and 4th Tuesday of each month.**

All WUS Caregiver support groups are facilitated by NAMI-trained leaders and provide a safe and confidential setting for mutual support and the sharing of resources. Looking for other local support groups or resources? Contact the Massachusetts chapter of the National Alliance on Mental Illness (NAMI), www.namimass.org/NAMI. If you have any questions, or would like to speak with someone about our groups or our initiative, please contact any of our facilitators or would like to speak with someone about our groups or our initiative, please contact: Maria Shepherd mandmshepherd@comcast.net or Maury Wood mowood60@gmail.com.

Green Sanctuary News
W.U.S. taking Environmental

Responsibility:

How can you help act for A Better Future? See what our local and state 350.ORG upcoming events and actions are [here](#). Highlights include:



- **Bill McKibbin** speaking at Brattle Theater, Harvard Square. **Nov. 8th, 6 pm**
- **Vigil for Climate Action: Urge Gov. Baker to honor his pledge** to exceed the goals of the Paris Climate Agreement by signing an executive order to effectively ban new fossil fuel infrastructure. **Mon, November 6 at 6:00 pm**, outside the Massachusetts State House
- **Gentrification & Climate Justice: 350 Mass Webinar with ACE & Right to the City!** Register [here](#). **Mon, October 30 at 5:00 pm**
- Attend the next **350.Metro North node** meeting here at WUS. Upcoming meetings: **Wednesdays, Nov 8th & 22nd, 11:30 am – 1:30 pm in Michelsen**

For more information on these events and more, click [here](#).

November 12th: We're Thoreau-ing a Party!

In honor of his birthday, a collaborative of organizations have invited each town in Massachusetts to host a community READ for the 200th anniversary of Henry David Thoreau's birth. In the morning worship service, we sink into Thoreau's thoughts about transcendence and the connections we can make to the first of our Unitarian Universalist sources of faith "Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life" Later that day, we open our doors to the greater community with a "Thoreau Reads" gathering, including a round table discussion with scholar Mike Hyde, and a Walking with Thoreau outing.

What to read? The digital collection is here <https://www.walden.org/thoreau/the-writings-of-henry-david-thoreau-the-digital-collection/> Some thoughts, applied to government and institutions, as well as to the life and freedoms of the individual are found in An Essay; On The Duty of Civil Disobedience <http://www.gutenberg.org/files/71/71-h/71-h.htm>

For guidance about Thoreau's work from a contemporary scholar and what chapters you might choose to read from Walden <https://theamericanscholar.org/reading-thoreau-at-200/#.WeijedenGM8>

And the book Walden, chapter by chapter is here <http://www.gutenberg.org/files/205/205-h/205-h.htm> Hard copy of selected chapters are available at the church.

Social Action and Outreach

"Is my skin brown because I drink chocolate milk?" Children ask questions and are curious about racial differences. *Why Are All the Black Kids Sitting Together in the Cafeteria?* by Beverly Daniel Tatum is the topic for a **community discussion hosted by our Racial Justice Team, on Sunday afternoon,**

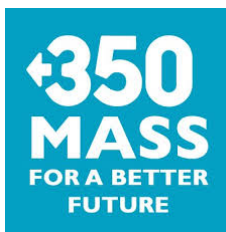
November 5. Participants are invited for refreshments at 3:30 p.m. followed by discussion from 4:00-5:30. Come and bring your friends.

Tatum's book, first published in 1977, has been updated and is even more relevant today as it explores issues of race and racism in our country. The book's title is based on some of the questions she has been asked over many years as a college professor and psychologist. *Join the conversation whether you've read the book or not*, as we touch on topics such as racial identity, how to be an ally to people of color, American values, parenting strategies, and affirmative action. Books will be available at Book Ends.

There is still time for YOU to make a difference on Criminal Justice Reform.

A Comprehensive Criminal Justice Reform Bill, S.2170 has been reported out of the Judiciary Committee to the Senate, where it is likely to pass. UU Mass Action recommends we write our representatives in the House **by November 1**, to urge them to work for the same reforms. You may wish to use this draft letter. [Click here to find a template for your representative](#)

We will be taking orders for Fair Trade Coffee and Chocolate bars at the Social Action and Outreach table in November. A new "Sisters" blend of organic coffee buys beans from small farmer coops in Nicaragua and Peru.



350Mass for a Better Future in Michelsen

**Meets every other Wednesday
November 8 & 22**

December 6 & 20, January 3, 17 & 31

**Time: 11:30-12:00 pm Social time and newcomers,
12:00-1:30 pm Meeting**

We welcome all of those who would like to feel the rewards and challenges of interacting with state legislatures as they construct laws to improve our environment, such as as mitigating CO2 emissions by reducing our reliance on fossil fuels. We are aligned with the group 350 Mass and you can learn more about all of the activities of this group at the following website:

<http://350mass.betterfutureproject.org/>

In addition to our work with legislators we have some social gatherings, go to some marches and have guest speakers who educate us on some of the complex issues confronting our environment today.



Woburn Food Pantry

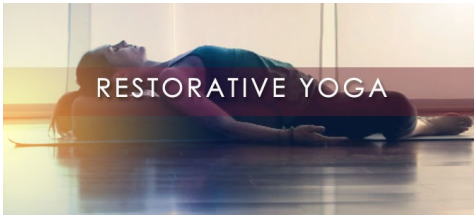
Next time you go shopping, please consider buying an extra **Progresso Soup and Macaroni and Cheese** for the Council of Social Concern's Food Pantry. These are the items they need this month to stock their shelves. Thank you for your

generosity.

Meditation News

Meets almost every Wednesday from 6:30 - 7:30 p.m. in the Meyer Chapel. Sitting from 6:30 to 7:00 p.m. Walking from 7:00 to 7:15 p.m. Discussion 7:15 to

7:30 p.m. Contact Ron Denhardt
(rondenhardt@gmail.com) for info.



Something NEW at WUS Yoga!

Sample a Restorative Yoga class on
Monday, November 20th, 2017.
6:30 - 8:00 pm - Meyer Chapel
What is Restorative Yoga?

Restorative yoga is designed to relax the mind and open the body in a gentle way. Props are used in order to ensure comfort and support. If, while laying down in a spinal twist, for example, one's knees do not touch the ground, a pillow or cushion is placed under the knees to support them. Comfort is key! Restorative poses are typically held for 5-10 minutes, which is what it takes to get to a deep level of relaxation, of quieting the body, mind, and breath. It is common to fall asleep while in a restorative pose, which is part of the intention: to deeply relax the central nervous system and restore the body from everyday stress. Restorative yoga is accessible to all, even if you are overcoming an injury or a recent surgery.

We ask that everyone bring a beach towel or blanket, a mat and a pillow if you'd like.

Your previously purchased class card may be used, or pay the drop-in fee of \$15. If you have not yet attended yoga this Fall and would like to attend, or have any questions, please contact our teacher, Jamie Sokolowski, Certified Kripalu Yoga Instructor.



Yoga at WUS Monday nights 6:30 - 8:00 pm

The Fall Gentle Kripalu flow yoga class continues through November 20th, the final class being the Sample Restorative Yoga class. Our Winter session begins November 27th through February 26th, 2018. We meet in the Meyer chapel from 6:30 – 8:00 pm. Each class ends with a relaxation, allowing you to pause deeply before facing the coming week. Several payment options are available: a 10-class card for \$130, a 5-class card for \$65 or drop-in for one class for \$15. We are strongly committed to having the yoga class be an integral part of our church ministry and invite all who wish to take part to attend and offer a donation as you are able. For further information, you may contact Fritzie Nace at fritzie.nace@gmail.com.

Joys, Sorrows and Transitions

If you are facing a time of joy, sorrow or transition in your life, our minister and the Pastoral Care Associates are available to offer a listening ear, compassionate

presence and, if applicable, resources.

You may reach the Rev. Heather Janules in the office at 781.729.0949. She can also connect you with a Pastoral Care Associate or the Caring Network (providing short-term, practical support like rides and meals). To learn more about the PCAs, pick up a brochure when you are in the church.

Community News

4th Annual Story Slam (Like NPR's "The Moth")

When: Saturday, November 4th, 7:00 - 9:00 PM

Where: First Church Unitarian, [19 Foster St., Littleton](#)

Tickets: <https://2017storyslam.eventbrite.com>.

Flyer: <https://drive.google.com/file/d/0B2zdGjNv-BbAX28yZU0xV0o3bE0/view>

Enjoy food, fun, and fellowship while supporting UU Mass Action and our shared social justice work!

Story Tellers: Rev. Lynda Sutherland (First Parish, Northboro), Rev. Ellen Rowse Spero (First Unitarian Chelmsford), Sam Wilson (Director of Youth Ministries, Winchester), Rev Jo Van Rue Minister-in-Residence, Concord), Rev. Steve Edington (First Church Unitarian, Littleton), and Rev Nathan Detering (UU Area Church Sherborn)

Emcee: Rev. Robin Bartlett, Senior Pastor, First Church in Sterling

Nov. 11 Concert in Chelmsford to benefit Homes For Our Troops

On Saturday November 11 at 7:00 pm, First Parish UU Church of Chelmsford's talented Music Director Steve Zocchi will share his gift in a benefit concert for '**Home For Our Troops**'. The nonprofit organization's mission is to build and donate custom homes nationwide for severely injured post-9/11 Veterans. The latest in the First Parish Chelmsford Concert Series will include Jazz, Blues, and Inspiring Improvisations. To read more about Music Director Steve Zocchi, please [click here](#).

Homes For Our Troops (HFOT) <https://www.hfotusa.org> is a privately funded 501(c) (3) nonprofit organization that builds and donates specially adapted custom homes nationwide for severely injured post-9/11 Veterans, to enable them to rebuild their lives. Most of these Veterans have sustained injuries including multiple limb amputations, partial or full paralysis, and/or severe traumatic brain injury (TBI). These homes restore some of the freedom and independence the Veterans sacrificed while defending our country, and enable them to focus on their family, recovery, and rebuilding their lives. Since its inception in 2004, nearly 90 cents of every dollar has gone directly to program services for Veterans. HFOT builds these homes where the Veteran chooses to live, and continues its relationship with the Veterans after home delivery to assist them with rebuilding their lives <https://www.hfotusa.org>.

A reception will follow the performance. Recommended donation is \$15, \$8 for children twelve and under. First Parish is located at 2 Westford Street, Chelmsford MA, 01824. For more information call our office at [978-256-5133](tel:978-256-5133) or email Steve Zocchi, Music Director, at music@uuchelmsford.org.



It's that time of year again to sign up for Thanksgiving food baskets to be collected for the Council of Social Concern in Woburn. Last year we committed to 30 baskets for the council's food pantry which represented approximately \$2,800 worth of food distributed to families in need in our community. Well done! With the generosity of the previous two years, we are upping our commitment this year to 35 baskets. Members of the Social Action and Outreach Committee will be signing up people during the social hour after the services on Oct 29th, Nov 5th and Nov 12th. Basket drop-off will be on Sunday Nov 19th from 9:00 - 10:30 am. We will also need lifters and drivers to help with delivery of the baskets on the morning of Tuesday, November 21st. Please email Mary Saudade (msaudade@comcast.net) or call/text her at 617- 650-3763 for more information or if you'd like to help out.

Feel free to team up and share a basket. Or, if you can't commit to an entire basket (cost can range from \$60-\$100) please consider donating items from the Thanksgiving basket donation list posted in the Symmes Room. The council will use these food items to put together additional baskets for Thanksgiving and to distribute to their clients during the Christmas season. Please [click here](#) for the list of items needed for this effort during the months of November and December. Thank you so much for your generosity!

Sign Up for Coffee Hour Refreshments

You can help make Sunday mornings more welcoming and joyful by bringing refreshments for coffee hour! If you are willing to be contacted when sign-ups are needed (usually once a month), please email janetnelson@comcast.net to put yourself on the contact list. (If you already receive my emails, you don't need to contact me, unless you'd prefer to be taken off the list.) Usually two people sign up to bring finger foods for one Sunday. We truly appreciate your willingness to be asked to help out in this simple way – thank you!



From Janet Nelson for the Fellowship Committee

Sunday Secretary Volunteers

Do you want to be part of our Sunday Secretary list? Do you want to get trained to be one? Contact the [office](#) or [Sara Delano](#) to learn more about it. You can also click here to [sign up](#) or use the sign up sheets in the Foyer.



Celebrating a special occasion?
Honoring a loved one?



Flower Dedications are available for Sundays

Dates are available for flower dedications. You may dedicate flowers in celebration of, in memory of, or in honor of someone and it will appear in the Order of Service. The cost is \$45.00 (or you can bring your

own flowers, but let the office know). Please click to [sign up](#) or use the sign up sheets in the Foyer.

Stay Connected

For information about office hours, worship services, religious education, music, pathways to membership, and church events, visit <http://www.winchesteruu.org/>

To access the members' section of the website, [contact the office](#) for the password and to view the church calendar, please click [here](#).

The deadline for all Highlights submissions: **Wednesdays, 9:00 a.m.** and OOS announcements submissions: **Thursdays, 9:00 a.m.** should go to adminassistant@winchesteruu.org. All articles submitted should be no more than 250 words.

Contact Us

To contact any member of the staff at the Winchester Unitarian Society, you may start with the Office: office@winchesteruu.org or visit the [Contact page](#) of our website for specific information.

Winchester Unitarian Society | 478 Main St. Winchester MA 01890
(781) 729-0949 | office@winchesteruu.org | www.winchesteruu.org

STAY CONNECTED

