

Winchester Unitarian Society



Highlights February 15th, 2018

Sunday, Feb 18th: Words, Works and Worship: The Third Source

With Rev. Heather Janules

Worship Associate: Ivan Correia

The Third Source of Unitarian Universalism is "wisdom from the world's religions which inspires us in our ethical and spiritual life." The faiths of the world are broad, complex and deep. How do we draw from this Source with meaning and integrity?

This Sunday, we share our gifts with **House of Peace in Ipswich, MA**, providing "physical and spiritual shelter to victims of war in a small healing community in companionship with adults with special needs, and [providing] education for peace and moral awakening."

Music News

From the Music Committee

Please plan to join us in the sanctuary on **March 16th, 8:00 PM**, for an evening with Vance Gilbert. Vance is a favorite at UU coffeehouses and a regular at Club Passim. Here's how First Parish UU describes him: "An electrifying songwriter and a fearless, compelling performer, Vance Gilbert presents his music with deep humanism and bravery, stunning artistry and soul, and unbridled joy. His tunes are pop-catchy, his lyrics are superbly crafted, his guitar playing is fluid and lyrical, and his warm tenor voice is flexible and acrobatic." See you on the 16th for our "almost spring" concert! For more on Vance go to: www.vancegilbert.com

Religious Education

This Sunday in Religious Education

Sometimes we have to hang in there with being uncomfortable. When you're the new kid, or you don't understand what's going on, or – ? We'll see you upstairs in our "big group" after reflections.

F8th in Action: We're taking the 18th off since we have a long holiday weekend ahead with President's day on Monday. Enjoy your day(s) off and do something to support democracy! We'll see you next meeting!

Family Worship in the **Meyer chapel** at Winchester Unitarian Society **10:00 a.m. Sunday:** This week, Slow and Steady? Sometimes we want everything RIGHT NOW!!! But perhaps, slow and steady will get us what we want (and get us to where we're going in the end)

Next **Religious Education Committee Meeting March 7, 9:00 AM** Michelsen room.

Next **Growth and Learning meeting, February 21st, 7:00 PM** Michelsen room.

WUSYG: Winchester Unitarian Society Youth Group

Please [click here to see our webpage](#), which includes a calendar of upcoming WUSYG meetings and events, and other updates for parents/youth.

WUSYG Parents:

Please register your youth for this year by filling out [this mandatory Google form](#) and be sure to join [our new WUSYG Parents Facebook Group](#) for last-minute updates from us and as a space to ask questions, share stories and generally be in community together.

Congregational News

Winchester Unitarian Society 2018 Annual Pledge Drive Wanted: 100% participation by all!



The WUS annual pledge drive continues through **March 4**. Thank you for giving serious consideration to what you can pledge for the next fiscal year and making that commitment by pledging online at <http://winchesteruu.org/connection/giving> or by returning your completed pledge card to the church office by Sunday, March 4th. We are 25% of the way to our **\$400,000** pledge goal. Let's pledge with generous hearts as we move forward and make our community a stronger, better place. Let's celebrate Our Community.

Success! *Before the Flood* Screening & Discussion

We had 68 people come to view *Before the Flood* last weekend! They came from Winchester, Arlington, Woburn and beyond. They were members of [350.MA/MetroNorth](#), Sustainable Winchester and Wright Locke Farm. Although the movie is challenging to take in, most people said they were glad to have seen it.

The wonderful food and time of fellowship and conversation afterward was a good opportunity for connecting, decompressing, networking and being nourished by the gifts of food and togetherness.

Thank you from Fritzie Nace, the Green Sanctuary Committee, and the Growth & Learning Committee for the many helping hands that made this event happen. A special shout-out to John Keller and James Pidacks who got the audio-visual set up and running perfectly; to John and Alan Field for presenting the important efforts of 350.MA, Cool Winchester and Citizens' Climate Lobby (go to CoolWin.org for a full array of local efforts); to Deb Eiler, Patty Shepard, Maggie Russell, Sue Doubler and Erin Graham for providing refreshments and being willing to use the dishwasher rather than throw-away dishes; and to all who helped in many other ways!

Beginning, Becoming, Belonging

For Newcomers and all who are interested in Unitarian Universalism

Beginning, Becoming Belonging is a series of workshops oriented to those first coming to Unitarian Universalism and/or WUS, but they are also open to everyone. The first session, Beginning I, led by Rev. Heather Janules, invites reflection on individual spiritual journeys, and is planned for **12-2 p.m. this Sunday, February 18th** following the morning service. A light lunch will be provided, and childcare available upon request. Later sessions will explore the historic spiritual journey of Unitarian Universalism and examine contemporary UU theology and practice. The series is sponsored by the Membership Committee; please respond with your interest in attending to Membership Committee at Sophia Sid sophia.sid@gmail.com and Vicky Coccoluto, vcoccoluto@yahoo.com.

Membership Classes: Join us!

Following Sundays at 12:00 pm in Michelsen

February 18 - Spiritual Journey

February 25 - Our UU History

March 25 - Contemporary UU Theology and Practice

April 15 -The meaning of belonging – in a covenantal community

"Diaspora" Potluck

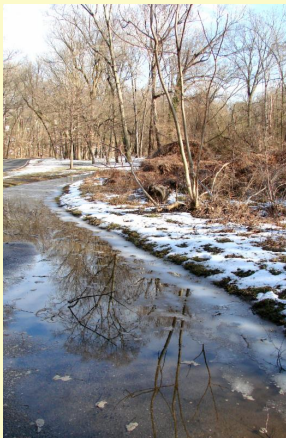
February 17th at 6:30 pm at the church

~for WUS members & friends who live outside of Winchester~

25% of WUS members & friends live outside of Winchester. The purpose of this gathering is to share our experiences and to develop a greater understanding of **how WUS is and can be a regional congregation.**

- How we have felt both included and marginalized in congregational culture?
- What would we like Winchester resident members & friends to know about our experiences in the congregation?
- What changes might increase inclusivity?
- How can we communicate these to the congregation?

If you are interested in attending this event, or have any questions, please contact Terry Currier at terrylcurrier@gmail.com.



Grief Support Group

The Grief Support Group will meet **Wednesday, February 21st from 7:30-9:00 pm** (to be held in the Winchester Unitarian Society Parlor / go in the 478 Main Street circular drive door and to your right.)
All are warmly welcome to attend.

The Grief Support Group is open to anyone in the community who has experienced loss and seeks a caring environment to process the complex feelings of grieving. If you have experienced a death of someone in your life and would like to explore your grief with other people who have also experienced loss, please consider attending a grief support group meeting.

The grief support meetings start with a reading and then a check-in by participants. You can say as much or as little as you feel comfortable saying (you can also choose to pass if you want.) Usually personal check-ins last a few minutes each and should be uninterrupted. Then the conversation opens up. The facilitator usually starts off this conversation with a topic or question to discuss. The meetings conclude at 9pm.

Our meetings are confidential - we ask that everyone observe the guideline that what is said in a meeting, stays in the meeting.

Please feel free to contact Lee Barton or Heather Janules if you would like more info on the Grief Support Program at WUS -or- feel free to just show up at a meeting. **No RSVP needed.**



Save the Date: February 25th "Bring A Friend to Church" Sunday!

February, whose theme is perseverance, marks the halfway point of our church year of "building and crossing bridges."

Reflecting these themes and our collective goal of building WUS's community, the Membership Committee again invites you to participate in "Bring a Friend to Church Sunday."

Our third "Friend Sunday" this church year will be held on **February 25th**, with a very timely worship service entitled **"#metoo and the radical notion."**

Especially if you regard the topic as an important one, this is your opportunity to reach out to those who might also be inspired by hearing what Winchester Unitarian has to offer in its Sunday worship service.

From: Your Membership Committee

Social Action and Outreach

The Social Action and Outreach Committee is now accepting grant applications until **March 18th**. Applications can be found on the church website and on the SAOC table in the Summer Room. Please submit a new application even if your organization has received a grant in the past. Partly due to a limited budget but also due to the success of Share the Plate, our grant budget is about two thirds of previous years. Contact Gordy McIntosh gordon.mcintosh@verizon.net with any questions or talk to any member of the SAOC.

Urban Ministry and Winchester Unitarian Would you like to be more involved with our denomination's work in Boston? Mr. Venay, Director of Congregational and Volunteer Engagement at UUUM met with our committee in January. See volunteer ideas on the SAOC bulletin board. They are currently in need of 2017-2018 Princeton Review SAT Prep Books. Please contact Kathryn Peterson (kpeterson@uuum.org). See the many interesting events this spring: please join us for [upcoming events](#) at the UUUM and in our neighborhood.

Local Environmental Action 2018 Conference

When: Sat March 3, 9:00 AM - 5:30 PM

Where: Northeastern University, 360 Huntington Ave, Boston.

For details see our [website](#).

St. Paul's ADULT LEARNING FORUM, FEBRUARY 25th, 2:00 PM

"Supporting Refugees and Immigrants in our Communities" Our guest speaker, Cheryl Hamilton, is the Site Director of the International Institute of New England (IINE). Learn about the current situation and important work being done. One of IINE's clients will share the personal experience of a recent refugee to the United States. Location: St. Paul's Episcopal Church
100 Pine Hill Road, Bedford MA 781-275-8262

Interfaith Book Club and Discussion, Islamic Center of Boston, Wayland
Sun March 4, 3:00 - 5:00 PM at Islamic Center of Boston, 126 Boston Post Rd, Wayland. Discussing: "Sacred Ground: Pluralism, Prejudice and the Promise of America," by Eboo Patel (It is not necessary to read the book to join the discussion) For information and to RSVP: bookclub@icbwayland.org
Contact Claire McNeill to carpool.

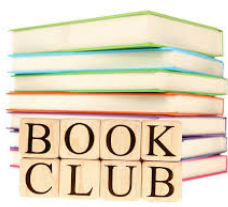
MHASI and WUS's Pastoral Care Team invites you...

Spirituality and Mental Health: Creating Your Own Connection

All are invited on Sunday, March 18, at 2:30 p.m. at Temple Isaiah in Lexington to a program on how spirituality supports our mental well being. The keynote speaker will be David Rosmarin, PhD and Director of the Spirituality and Mental Health Program at McLean Hospital, with guest panelists that include the Rev. Anne Mason, Minister at First Parish in Lexington, and the Rev. Dr. Eno Mondesir, President of Agape Global Health and Senior Pastor of the Haitian Baptist Church of Cambridge. For more information, please click [HERE](#).

Racial Justice Team

The Racial Justice Book Group has established a shelf of



books for lending to members. Located in the Michelsen Room, the books are available on the honor system. It includes copies of the books we have read this year, including “Between the World and Me” and “Why Are All the Black Kids Sitting together in the cafeteria” (about developing racial identities). Please return books within a month.

Winchester Multicultural Network

As a member of the Town Common Task Force, I invite you to attend

- Civic Gathering #5 on **February 28, 2018,**
- “Fostering Collaboration,” in the Service of a Caring and Inclusive Community.
- At the Griffin Museum of Photography, **67 Shore Road, 6:30 to 9 p.m.**
- Sponsored by The Winchester Multicultural Network, the Board of Selectmen, the School Committee, and the Town Common Task Force. The evening is free of charge and open to all.

The first four civic gatherings have drawn groups of 60 to 110 engaged residents for focused evenings of community building and strengthening. Join us now in **“FOSTERING COLLABORATION.”** Let’s get connected!

On February 28 we will open the evening

- with a delicious, hot cup of vegetarian koshari, a staple of Egyptian-street vendors, to strengthen you after a busy day (catered by Koshari Mama)
- there will be brief sharing around new “actual” activities (led by Hillary Turkewitz) and later a survey about potential “virtual” space (led by Shelby Meyerhoff)
- and, to strengthen our collaborative, inclusive skills Essential Partners (formerly Public Conversations Project) will lead a special interactive presentation that will strengthen us in holding more productive conversations.

We will leave with a deepened awareness of our own identities, how those identities influence the issues and the activities we are involved with, and what impact that has on our ability to work with others.

You are a vital part of our town and your civic participation on February 28 is important. Who else can provide your perspective and experience and, importantly, carry new learning back to your circles of influence.

Perhaps you attended all, one, or none of the prior gatherings - no matter! February 28 is the night to join us in fostering collaboration in face-to-face community, where Winchester comes together.

I look forward to seeing you on the 28th at the Griffin. Please let me know if you, or perhaps another colleague from your group, will attend so that we can plan well!

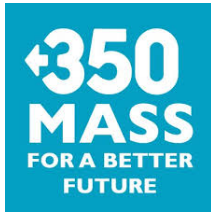
Thank you for all your contributions to our Town.

Sincerely, Gloria Legvold

(For summaries of the past four gatherings, please go to wmcn.org.)

Family & Caregiver Support Group

Family & Caregiver Support Group is a drop-in group for family members, caregivers, and loved ones of individuals living with mental illness, facilitated by WUS members, Maria Shepherd, Maury Wood and Rebecca Kelley-Morgan. For



350Mass for a Better Future

**Meets every other Wednesday:
February 15th (Thur) & Feb 28th,
March 14th & 28th, April 11th & 25th
(Michelsen Room)**

**Time: 11:30 - 12:00 pm Social time and newcomers,
12:00 - 1:30 pm Meeting**

More information are available on our [website](#).

Meditation News

Meets almost every Wednesday from 6:30 - 7:30 p.m. in the Meyer Chapel. Sitting from 6:30 to 7:00 p.m. Walking from 7:00 to 7:15 p.m. Optional informal discussion 7:15 to 7:30 p.m. Contact Ron Denhardt (rondenhardt@gmail.com) for info.



Qi Gong at WUS Tuesday nights 6:45 - 8:30 pm

Come experience the relaxation and rejuvenation of Qi Gong. Lee Holden's (Deb Morgan-Bennett's teacher) class will be downstreamed and projected on to a large screen. We will meet in the Symmes room (next to the Sanctuary). Tea will be available at 6:45 pm and classes will be held 7pm - 8:30pm. Classes are free and invite all who wish to take part to attend and offer a donation as you are able. For further information, you may contact Carol DeLaney at ccdelaney1@hotmail.com



Yoga at WUS Monday nights 6:30 - 8:00 pm

The winter session of gentle Kripalu yoga began November 27th and runs through February 26th, 2018. We meet in the Meyer chapel from 6:30 – 8:00 pm. Each class ends with a relaxation, allowing you to pause deeply before facing the coming week. Several payment options are available: a 10-class card for \$130, a 5-class card for \$65 or drop-in for one class for \$15. We are strongly committed to having the yoga class be an integral part of our church ministry and invite all who wish to take part to attend and offer a donation as you are able. For further information, you may contact Fritzie Nace at fritzie.nace@gmail.com.

Community News

**You are Invited to Support First Parish
Bedford's Sanctuary Ministry**

<https://faithify.org/projects/supporting-our-guest-in-sanctuary/>

In April 2017 First Parish in Bedford asked fellow Unitarian Universalists to help create a space in our church where we could offer physical sanctuary to our neighbors in danger of imminent deportation. You responded rapidly and generously. The \$9240 raised was used to install a shower, build a privacy wall, purchase a washer/dryer, and acquire major furnishings.



The space has had two occupants. Our first guest received a stay of deportation after only one day in sanctuary. Our second guest, a Central American woman with children and grandchildren, arrived a month ago on January 6. She is still with us and will remain as long as she chooses to be in sanctuary.

Recently, in order to receive an occupancy permit as a Temporary Shelter, additional fire and safety code work was required to meet state requirements. First Parish is now installing a sophisticated smoke/CO alarm system in the spaces where our guest and overnight volunteers sleep, and along the emergency egress routes from these second floor temporary residences. To hard-wire these alarms and tie them into our current alarm system, we had to spend \$9400 not in our budget.

Our current guest lost nearly all her savings when an unscrupulous attorney charged her family exorbitant fees for few services and NO positive results. Her current attorney is highly competent, experienced in matters of immigration, and is so committed to our guest's case that she would continue her work even without further payment. That, however, is unjust, and we want to ensure that this lawyer can earn a living and support her family as she works skillfully to get our guest's case reopened and adjudicated positively. This attorney's modest fees on behalf of our guest currently amount to \$6000.

We are asking you to help us raise \$10,000 in the next 30 days. Our Sanctuary Coalition includes 8 congregations of differing faiths. Over 200 members of the coalition are now volunteering to provide a 24/7 presence of at least two volunteers at each of 5 daily shifts. They know what to do if ICE agents come to the church, how to handle emergencies, how to recognize signs of trauma, and how to interact with our guest in a culturally competent manner. Wonderful, committed people!

Please join us in our support....

From the Office

Office Closed: Monday, February 19th
(President's Day)



Joys, Sorrows and Transitions

If you are facing a time of joy, sorrow or transition in your life, our minister and the Pastoral Care Associates are available to offer a listening ear, compassionate

presence and, if applicable, resources.

You may reach the Rev. Heather Janules in the office at 781.729.0949. She can also connect you with a Pastoral Care Associate or the Caring Network (providing short-term, practical support like rides and meals). To learn more about the PCAs, pick up a brochure when you are in the church.

Woburn Food Pantry

Next time you go shopping, please consider buying extra **solid white tuna, apple juice** and **shelf-stable milk** for the Council of Social Concern's Food Pantry. These are the items they need this month to stock their shelves. Thank you for your generosity. [Flyer](#) attached.



Sign Up for Coffee Hour Refreshments

You can help make Sunday mornings more welcoming and joyful by bringing refreshments for coffee hour! If you are willing to be contacted when [sign-ups](#) are needed (usually once a month), please email janetnelson@comcast.net to put yourself on the contact list. (If you already receive my emails, you don't need to contact me, unless you'd prefer to be taken off the list.) Usually two people sign up to bring finger foods for one Sunday. We truly appreciate your willingness to be asked to help out in this simple way – thank you!



From Janet Nelson for the Fellowship Committee

Sunday Secretary Volunteers

Do you want to be part of our Sunday Secretary list? Do you want to get trained to be one? Contact the [office](#) or [Sara Delano](#) to learn more about it. You can also click here to [sign up](#) or use the sign up sheets in the Foyer.



Flower Dedications are available for Sundays

Dates are available for flower dedications. You may dedicate flowers in celebration of, in memory of, or in honor of someone and it will appear in the Order of Service. The cost is \$45.00 (or you can bring your own flowers, but let the office know). Please click to [sign up](#) or use the sign up sheets in the Foyer.

Stay
Connected

For information about office hours, worship services, religious education, music, pathways to membership, and church events, visit <http://www.winchesteruu.org/>

To access the members' section of the website, [contact the office](#) for the password and to view the church calendar, please click [here](#).

The deadline for all Highlights submissions: **Wednesdays, 9:00 a.m.** and OOS announcements submissions: **Thursdays, 9:00 a.m.** should go to adminassistant@winchesteruu.org. All articles submitted should be no more than 250 words.

Contact Us

To contact any member of the staff at the Winchester Unitarian Society, you may start with the Office: office@winchesteruu.org or visit the [Contact page](#) of our website for specific information.

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STAY CONNECTED

