Winchester Unitarian Society Order of Service May 24, 2020

Centering Thought

"On Memorial Day, no matter our feelings about war, we remember the sacrifices made. May we honor the lives of those who have died, and may we reach out in love to our living veterans and their families, extending the olive branch of acceptance and respect as our faith calls us to each and every day...We yearn for peace, and we pray for the day when nations pursue understanding over violence in resolving disputes." —Floyd Vernon Chandler, Unitarian Universalist Army chaplain

https://tinyurl.com/WUSworship

Be sure to set your screen to "speaker view" in Zoom (upper right-hand corner of the screen) for best reception of those leading the service.

> Real-Time Tech Support with Zoom/Community Usher: Don Daniel - 310-963-6326 and <u>dgdaniel@gmail.com</u> *Our motto: "Connection, not perfection"*

Note: Some elements of this service were pre-recorded to ensure broadcast quality.

Gathering Music

John Kramer

Martin Newhouse

Community News (In 140 Characters or Less)

Whole Community Greeting and Good News Roundup Use the "chat" function to greet others in worship and, if you have especially good news, to share it!. Our Chat Covenant: we only write things we would say in person in the sanctuary.

Announcements:

• Following the worship service on Sunday, May 31, 2020 the Annual Meeting will be held via Zoom. This will be an abbreviated version of the traditional Annual Meeting to handle the most important articles and postpone completion of additional articles at a Special Meeting to be scheduled on or before September 30, 2020, or as soon thereafter as is safe and practicable. Please read the documents that are linked below prior to the Annual Meeting. Thank you.

Warrant for 153rd WUS Annual Meeting WUS Slate for Annual Meeting 2020 <u>Co-Treasurers' Report</u>

- Thank you from the Music Committee! Our 14th Concert Series came to a close on Saturday
 night with an all-Beethoven, solo piano performance given by Music Director, John Kramer.
 It was a moving and memorable evening for all who "attended" the concert which was livestreamed from our sanctuary. This special event was a fundraiser for the UU Mass Action
 Covid-19 Emergency Fund, the UU Urban Ministry Covid-19 Emergency Fund as well as the
 vital missions of our church. Many thanks to all who helped to support and bring about a
 successful and meaningful 14th WUS Concert Series.
- Listen at Lunch! John Kramer is offering an open organ practice this Wednesday May 27th from 12:00-12:30. Log on to the following Zoom link to listen while you work or during your lunch break: https://tinyurl.com/WUSworship

• Being Prepared in the Time of COVID-19: End-of-Life Planning Workshop Saturday, June 6th, 9:30-11:30 AM - FREE; to be held via Zoom

Any time is a good time to consider what medical procedures you would choose during a health crisis when you cannot communicate and to "get your affairs in order." The current pandemic, posing unique medical challenges to some patients, makes the need to consider these questions and raise tender issues with your loved ones even greater. Your PCA Team will offer a workshop, outlining the questions to consider and how to legally communicate your wishes, in an open and supportive format.

REGISTRATION IS REQUIRED and there is light homework to complete before we gather. To register, please click here: <u>https://tinyurl.com/WUSEOLReg</u>

- WUSYG Presents "Take Me Home," an all-church event & fundraiser after the service on June 7th. Everyone is encouraged to "bring a dish" that reminds you of "home," to enjoy from our homes, together! Just like our after-church potlucks, except you'll be put in breakout rooms to eat and chat with each other, interspersed with musical performances and stories, plus opportunities to support both local COVID Relief Funds and the Winchester Unitarian Society (a 2nd home for many of us!)
- Flower Selfies: June 14th we will celebrate a virtual Flower Communion. This ceremony symbolizes the beauty we find in community and diversity. We need you to make this service possible! Prepare by taking a photo of yourself or your family with a flower or two and send it to Rev. Heather by June 7th: heather.janules@winchesteruu.org
- UUA General Assembly Represent WUS as a Delegate! A virtual General Assembly will take place June 24-28 this year. The Standing Committee is offering free registration for our five allotted delegates. Fortunately, we have two members that have already expressed interest. If you are currently a member of our congregation and would like to benefit from this transformative experience there is only one stipulation: Your involvement is needed on our Denominational Affairs Committee. This is a two year commitment and we hardily invite your participation. Please contact Betsy Bowles if you are interested (617) 584-6477; bebowles13@gmail.com
- **Community Chaplain Available:** WUS member Carol Delaney, a member of the Pastoral Care Associates team with two units of specialized pastoral care training, approached the Standing Committee for permission to serve as a Community Chaplain, making herself available to those who are in particular need of personal and spiritual support. She also offers herself as a resource for coping with the stress and grief related to the COVID-19 pandemic through 1:1 and group formats. The Standing Committee gratefully accepted her request to serve in this way. If you wish to make a phone or Zoom appointment with Carol, please email communitychaplain@winchesteruu.org or call the office (781.729.0949) so she can be in touch to make an appointment. As part of our on-going outreach to the congregation during the pandemic, Carol will also be doing some outreach, checking in with members.
- Annual Review Input Welcome!: We are beginning the annual review process for our leading program and administrative staff Rebecca Kelley-Morgan, John Kramer, Sam Wilson and Thomas Slack. We welcome input from the congregation. As part of our usual practice, we will not include anonymous feedback. Please send your thoughts to Rev. Heather at <u>heather.janules@winchesteruu.org</u> by May 28th by responding to these questions: How has WUS best served its mission in the past year? How has [the staff person] contributed to these successes? How could WUS have better served its mission? Do you have any suggestions for [the staff person's] programmatic or professional growth?
- Summer Service Assistance Needed Things are falling into place for our summer worship services. However, the on-line format warrants different kinds of volunteers than usual. We are looking for:

- <u>Video Editors:</u> Each recording benefits from a little lighting adjustment, re-centering or trimming on the ends to cut out the eternal question "Is this on?" As summer services will continue to include a mix of live and recorded elements, we are looking for people to "clean up" videos in advance. There is a free, easy-to-use video editing program that makes this possible.
- <u>Video Coordinators</u>: Prep videos for use in a given service then screen share, press "play" and "stop" at the right time. That's it! Coordinators will need to participate in a rehearsal before worship.
- <u>Tech Support</u>: We have four members who have been assisting people with the Zoom program but can always use more. Many of us are growing in Zoom fluency! If you are fluent enough to help another along the way, nimble enough to eject any "zoombombers" who decide to parachute into the service and attentive enough to track logon "attendance" we would love to add you to the list.

If interested, contact Rev. Heather at heather.janules@winchesteruu.org

Ringing of the Bell Ringing of the Bell Today we are called back to worship by the ringing of the bells at our Partner Church in Marosvásárhely, Transylvania on Easter morning.

Opening Words

the Rev. Heather Janules

Chalice Lighting

Chris Antal

If you wish to do so, please read together the words for our chalice lighting and light a chalice at home as we light the chalice.

First to light up the night and to feed the soul's delight.
Here the chalice burns bright and burns strong.
Using all our reason, building till the dream is done,
here the chalice burns bright and burns strong.
Open minds from the start, helping hands, loving heart.
Here the chalice burns bright and burns strong.
Free from creed, dogma, too.
Principles to guide us through.
Here the chalice burns bright and burns strong.

Hymn #317

We Are Not Our Own

1 We are not our own. Earth forms us, Human leaves on nature's growing vine, Fruit of many generations, seeds of life divine.

2 We are not alone. Earth names us: Past and present, peoples near and far, Family and friends and strangers show us who we are.

3 Therefore let us make thanksgiving, And with justice, willing and aware, Give to earth, and all things living, liturgies of care.

4 Let us be a house of welcome, Living stone upholding living stone, Gladly showing all our neighbors we are not our own! **First Reflection**

Stones to Remember

Rebecca Kelley-Morgan

Charles Mingus

Attached to this order-of-service is a packet for young children so they may engage in an activity concurrent with the rest of the service. You may also find these materials here: [link]

Blessing

May the light within you shine before you, everyday, everyday. May the light within you shine before you guide your way, guide your way. May the love we share surround you and chase your fears away. May the light within you shine before you, this we pray, this we pray.

Prayer"Each of Us Has a Name" by Marcia Falk (Abridged)Heather JanulesAt the conclusion of the prayer, you will be invited to type the names of those you remember this Memorial
Day into the chat box. We will bear witness to these lives by reading the names and, where possible, the
worship leaders will read the names aloud.Heather Janules

Kindling of the Light	Goodbye Pork Pie Hat
You are invited to now light a candle of joy, sorrow or concern.	

Silence

Hymn #101 Abide With Me

1 Abide with me, fast falls the eventide; The darkness deepens; still with me abide. When other helpers fail, and comforts flee, Help of the helpless, oh, abide with me.

2 Swift to its close ebbs out life's little day; Earth's joys grow dim, its glories pass away; Change and decay in all around I see: O thou who changes not, abide with me.

3 I fear no foe, with thee at hand to bless; Ills have no weight, and tears no bitterness. Where is death's sting? Where, grave, thy victory? I triumph still if thou abide with me.

Reading From

From "Walking With the Other" by Rebekah Savage

Second Reflection

"No Caravan of Despair": Faith for the Frontlines

Heather Janules

Offering

This morning, we share our gifts with the **PenFed Foundation COVID-19 Emergency Financial Relief Program** whose mission is to provide "financial assistance to all Veterans, Active Duty, Reserves and National Guard who are experiencing a financial setback due to the negative economic effects of the COVID-19 pandemic." According to their website, demand is high, with 6000 applications for aid received in four days. You may donate through Give+ [<u>link to app tutorial</u>] PayPal [<u>link</u>] or by mailing a check to WUS, 478 Main Street, Winchester, MA 01890. Please write or type "May 24th Offering" in the memo line or comment field.

Our practice is to invite first-time worship attendees to be our guests. In lieu of a contribution, please complete the Virtual Visitor Card: <u>https://tinyurl.com/WUSVirVisCard</u> so we can stay connected beyond this Sunday.

Offertory Bright Morning Stars

Traditional

Affirmation of Shared Ministry Those who wish to do so are invited to join in reading together the community affirmation:

We gather not for ourselves alone, but to use our common power to build the Beloved Community within and beyond these walls.

We create and reaffirm this covenant this day - to make justice flourish, to practice compassion amidst difference and to embody transformative love.

Hymn # 161

Peace! The Perfect Word

1 Peace! The perfect word is sounding, like a universal hymn Under oceans, over mountains, to the world's remotest rim.

2 Toiling centuries have struggled upward on a stony way Just to set the torch of freedom where it flames aloft today.

3 All the old forlorn lost causes, every fair forbidden dream, And the prophet's hopeless vision, and the poet's fitting gleam,

4 All the hopes of subject peoples, all the dreams of the oppressed, Must be ours, our hopes, our visions. We can never stay or rest.

Benediction by Rebekah Savage

In Memoriam

Robert Schumann

Extinguishing the Chalice Please join us in reading together the words for extinguishing our chalice:

We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

Join the Chat!

Postlude

Questions for Reflection

If you are in a time of new or renewed mourning right now, what are ways you have acknowledged your grief?

What are the meaningful relationships you have across religious lines?

How can we honor the human cost of war this Memorial Day?

Music Notes:

In recognition of Memorial Day, we offer two selections written as elegies to great musicians. *Goodbye Pork Pie Hat* was dedicated to the saxophonist Lester Young who passed two months before this tune was first recorded in 1959. Lester Young was, of course, famous for wearing Pork Pie hats. About a century earlier, German composer Schumann dedicated his piano piece, from the *Album for the Young*, to Felix Mendelssohn, who passed in 1847. Our virtual choir gives us a rendition of the traditional American folk song *Bright Morning Stars are Rising*. Not much is written about the origin of this song, but it seems to have come into prominence with the folk revival of the 1950s; an early recording is the 1957 Smithsonian Folkways recording by the Seeger sisters.

Serving Today

Real-Time Tech Support with Zoom/Community Usher: Don Daniel - 310-963-6326 and <u>dgdaniel@gmail.com</u>

Pastoral Care Associate: Donna Reed - 781-626-1785 Special thanks to John Kramer for serving as Video Coordinator

This is a Welcoming Congregation, intentionally welcoming and affirming of gay, lesbian, bisexual and transgender people.

Each worship service includes wisdom or an artistic gift from people or communities-of-color.

Good morning families and friends,

A note to adults. The first page is for you, so that you may have context for the service and contents of this packet. Following that there some suggestions for other things to do/try as a family over the week as well as today, then pages for meditative coloring and a couple of activities.

Today's Worship Service recognizes those who have served and died and enlarges the perspective to include congregational losses and personal losses. The service will be quieter and more reflective than last weeks upbeat celebration of our youth but celebrates in a different way. As primary Religious Educators to your children, your own opinions about war are important to share with your children. Remembering the fallen does not mean taking a favorable or unfavorable position on war, but honors people who kept a promise made to serve even as it came at a high price. There are poppy crafts suggested, since poppies are

a symbol worn or used in remembrance wreaths to remember those who have served. This week and next, I will be providing you with some thoughts about the threshold experience of creating and inhabiting sacred space at home on times other than Friday Family Worship and Sunday morning Service. You have been invited to find a home for your chalice, cover it with something decorative and place your chalice/candle on it, find a chime or bell to use, a giving bowl for sharing your abundance, symbols, spiritual and religious, and something that represents your family.

Today additions to your sacred space are suggested below.

Bring some of the outside inside: This week, you may wish to add objects from your outside environment, representing interdependence. Leaves from trees that breathe back oxygen when we give them carbon dioxide is one example. This is fun family activity, asking each person in your family to contribute something that they find. Kids often have a special collection of found objects and perhaps they would like to have one on those resting on your altar. You can also draw attention to the elements of nature which are already present on your altar.

Before This Morning's Worship: You'll need your chalice, other candles for kindling the light, these pages, things to color/draw with. If you choose to do one or both poppy crafts, check those pages (at the end) the paper etc. needed is found on their page.

Encourage your children to come closer to the screen for First Reflections and have some manipulatives and the materials attached for them to engage with during worship. If your children are very young, sensory play containers* are a great preschool activity. Kids come in and out of worship, but even if they seem inattentive or bounce in and out of the room, they are picking up messages.*Let Rebecca@winchesteruu.org know if you need ideas on how to DIY sensory play

You may wish to use the settling in and chalice lighting rituals we use in Family Worship and Religious Education sessions. They may helpful as your family gets ready for our Zoom worship services or for any family worship you wish to create in your own sacred space. You can also begin to add your own rituals. Just lighting a candle and taking a moment of quiet. It can be a time to give space for things going on in the world, or in your home. In my home we pause before a lit candle to remember the many who have died from the Covid 19 illness. Your older kids can probably lead the familiar rituals from our time at WUS, since many of them have. These are linked below for reference.

> https://docs.google.com/document/d/16eq9h9bnOJAssE8U21wDcj4IjPZkyDiW96UShQgdmw/edit?usp=sharing

What shall we do with our week ahead? It's MAY! Here are some things you might want to try with your family this week.

Today, May 24th Fast food! No, it is not take out. What is your quick and simple snack or meal that you can make? Come up with some ideas and then make them. And if you don't have all the ingredients you get bonus points for substitutions

Monday May 25th It is Memorial Day. Do you have any relatives who served in the military? Do you have photos, or can someone tell you stories? Would one of your older relatives or family friends be a source of stories? Maybe you can plan a virtual visit. If the weather is nice, put on your masks, keep a good distance away from others and visit a cemetery where veterans have been buried. How many American flags can

you see?

Tuesday May 26th Have you left notes in the mailbox for your letter carrier or sanitation workers? Make some notes and tape them to the mailbox and the top of your trash cans.

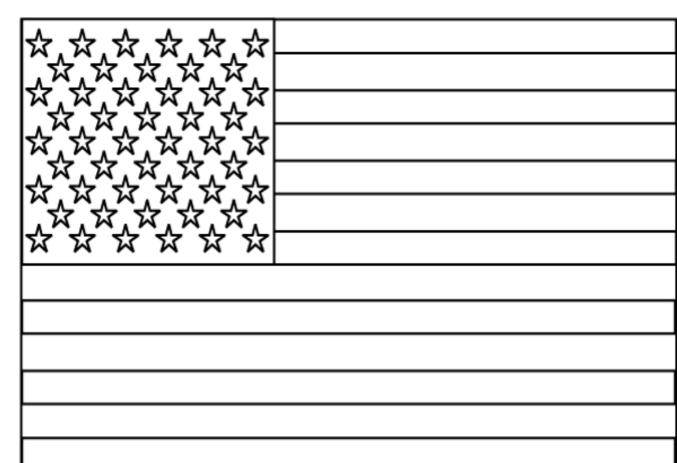
Wednesday May 27th Have a neighborhood talent show! Invite people to come outside and staying FAR away from each other with masks on, put on a talent show. Can you play an instrument on the front steps, do a stunt, make a silly skit without talking? Pro tip – you can also play an instrument inside with the windows open for people to hear.

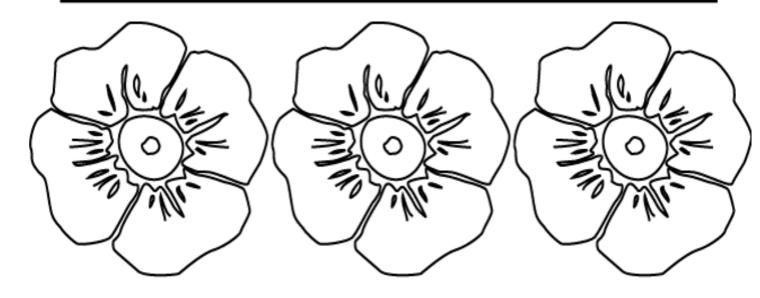
Thursday 28th The Jewish Holiday of Shavuot begins at sunset today. The holiday celebrates an event told in the Torah (the Jewish Bible), when G*D gave 10 commandments to the Jew's leader, Moses. If you were in charge, what ten commandments (or principles or rules) would you come up with.

Friday May 29th Walk around your neighborhood and see how many flowers you can name. If you have a flower guidebook, bring it along and look up the ones you don't already know! Or download a flower ID app. Watch and Learn here <u>https://thekidshouldseethis.com/post/story-of-flowers-botanical-animation-azuma-makoto?fbclid=IwAR0y0a9m0N53eqeV5NBo8YoQij_-BMY3D7A6yFH0OLNE3WbtO-s3-8w0rxM</u>

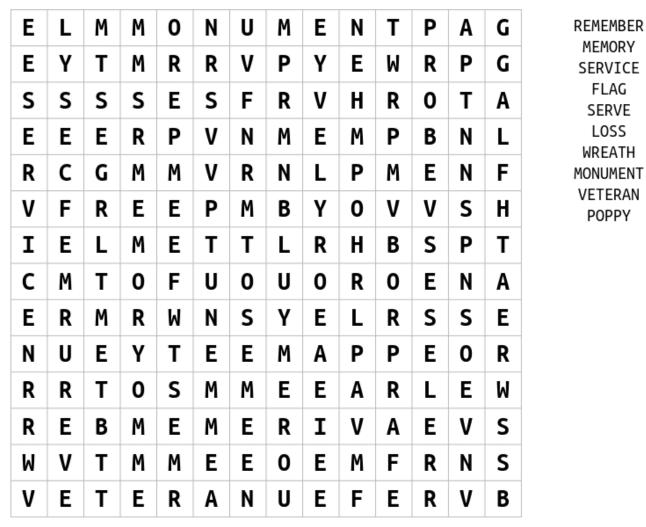
Saturday May 30th Create a UU Principles "Zen" garden. Using sand*, a tray, some rocks and appropriate paint or markers, create a UU Principles Zen garden, writing a UU principle on each rock and place them on the sand in the tray. You can smooth the sand and make new marks in it with forks, toothpicks or fingertips. *you can substitute using salt.

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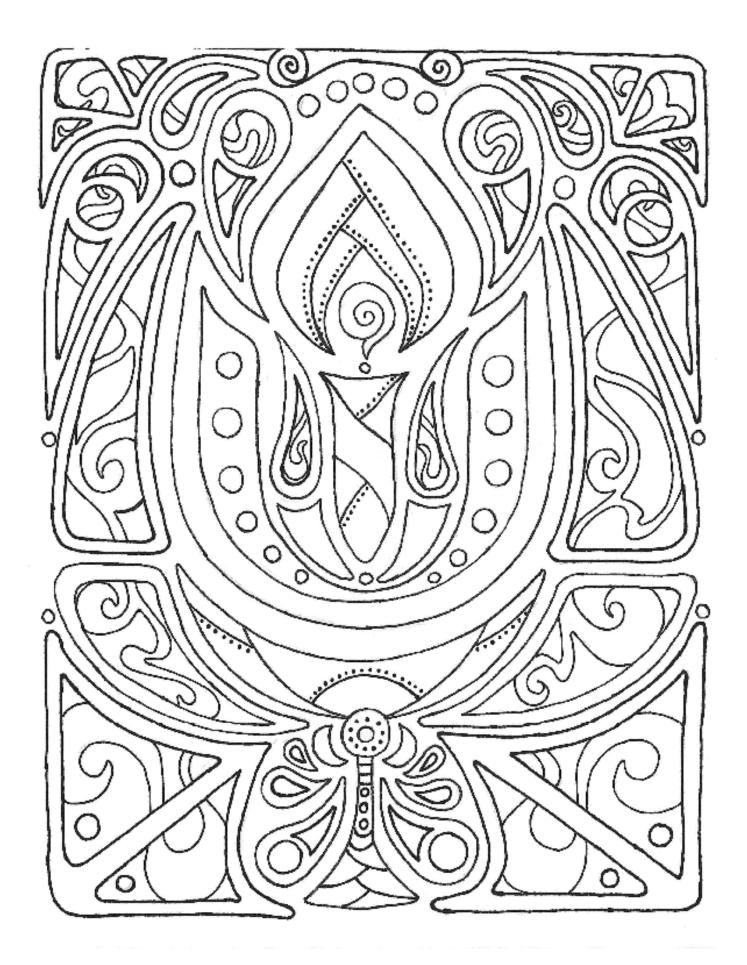




Memorial Day



Play this puzzle online at : https://thewordsearch.com/puzzle/1188974/







Poppies: Coffee filter paper or watercolor paper. Red Paint, black marker, straws and tape (optional)

Use red paint to create circles on the watercolor paper. Don't worry about making a perfect circle, as the slightly bumpy edges give a better poppy shape.

Then use a black permanent marker to make a design in the centre, to be the seeds of the poppy. Think of your black centre as a mini mandala and see what circular designs you can make.

Wait until the red paint has dried before using your marker pen if you want the black to have a strong colour. But it's also interesting to use the marker pen while the paint is still a little wet, to experiment with the looks you can create.

Then, cut out your poppies.



To make a poppy display, fix a green drinking straw, or tube of rolled up green card, on to the back of each poppy using tape or glue.

Poppy Wreath Instructions:

<u>Materials</u>: paper plates, red (you can paint the white/pastel ones red) cupcake liners, scissors, glue, black paper, green paper (scraps will do) and buttons if you wish.

Have the children cut out small black circles for the center of the poppies Invert the cupcake liners so that the red side is on the inside.

Trim the edges of half of the cupcake cups with a wavy line. Repeat with the other half, making them slightly smaller than the first half.



Cut the center out of your paper plate to make a "wreath".

To assemble, stack the paper layers and glue together. Attach them to the paper plate as shown for the wreath. Cut out some green leaf shapes to fill in any spots where the white shows.