

## Winchester Unitarian Society

Order of Service

July 19, 2020

### Centering Thought

Life and death can seem completely arbitrary.

Religions and philosophies can seem like cruel jokes.

This mind-set is the temptation of the hour-but of course it is wrong.

We will look back on this as one of the most meaningful periods of our lives.

*David Brooks*

<https://tinyurl.com/WUSworship>

Be sure to set your screen to “speaker view” in Zoom (upper right-hand corner of the screen) for best reception of those leading the service.

*Our motto: “Connection, not perfection”*

***Tyson & Kye: make sure we are recording***

Note: Some elements of this service were pre-recorded to ensure broadcast quality.

### Gathering Music

*Alle Menschen Mussen Sterben*

J.S. Bach

Amy Hunter, Organ

### Community News (In 140 Characters or Less)

Stephen Perepeluk

### Announcements:

- **Holding a Survivor of Hate in Love:** Earlier this month, a young Unitarian Universalist woman, Althea Bernstein, was the target of a hate crime by three white men in her hometown of Madison, WI. Cards can be sent to: Althea Bernstein/ c/o FUS, 900 University Bay Dr, Madison, WI 53705. Rev. Heather has already made donations from the Discretionary Fund and will be sending a small gift towards her on-going healing. However you pray, please hold Ms. Bernstein and her family in your heart in this time.
  - Ms. Bernstein requests that she and her family not receive financial support but invites us to contribute to two causes if we wish to invest in her healing:
    - **Paws and Reflect Farm:** <https://www.gofundme.com/f/Paws-and-Reflect>
    - **Boys & Girls Club of Dane County:** <https://www.bgcdc.org/>
- **Summer Writing Group** Please feel free to come to the Summer Writing Group on every Wednesday from now until August 12<sup>th</sup>. Meetings will take place over Zoom starting at 9 AM. The exact format and focus of the group will be discussed and determined each week based on how the attendee writers wish to spend the time. No writing experience is necessary – just a desire to write. We look forward to “seeing” you! For more information and the link for the meeting contact Judy [[HERE](#)].
- **Summer Service Assistance Needed** Things are falling into place for our summer worship services. However, the on-line format warrants different kinds of volunteers than usual. We are looking for:
  - Video Editors: Each recording benefits from a little lighting adjustment, re-centering or trimming on the ends to cut out the eternal question “Is this on?” As summer services will continue to include a mix of live and recorded elements, we are looking for people to “clean up” videos in advance. There is a free, easy-to-use video editing program that makes this possible.
  - Video Coordinators: Prep videos for use in a given service then screen share, press “play” and “stop” at the right time. That’s it! Coordinators will need to participate in a rehearsal before worship.
  - Tech Support: We have four members who have been assisting people with the Zoom program but can always use more. Many of us are growing in Zoom fluency! If you are fluent enough to help

another along the way, nimble enough to eject any “zoombombers” who decide to parachute into the service and attentive enough to track logon “attendance” we would love to add you to the list. If interested, contact Rev. Heather at [office@winchesteruu.org](mailto:office@winchesteruu.org)

**Whole Community Greeting and Good News Roundup** Use the “chat” function to greet others in worship and, if you have especially good news, to share it! Our Chat Covenant: we only write things we would say in person in the sanctuary.

**Ring of the Bell** *Today we are called back to worship by the ringing of the bells at our Partner Church in Marosvásárhely, Transylvania on Easter morning.*

**Opening Words** “And So We Come Forth: A Dinner in Zoom,” Richard Nelson Dirck Stryker

**Chalice Lighting** Kye Flannery  
*If you wish to do so, please read together the words for our chalice lighting and light a chalice at home as we light the chalice.*

Humans make constellations by connecting stars.  
Humans make meaning by connecting stories:  
story to story to narrative to story.  
Some blaze bright, some are faint.  
Most are backdrop to the great and mundane human unfolding.

Let us imagine the stories of our lives  
as a starry universe above our heads.

May the stories we connect today  
draw constellations  
that reflect a shared ministry  
that calls out the best in us.  
- **Karen C Johnston**, UU minister, East Brunswick, NJ

**Hymn** *I've Got Peace Like a River*

I've got peace like a river  
I've got peace like a river  
I've got peace like a river in my soul (repeat)

I've got joy like a fountain...  
I've got love like an ocean  
I've got pain like an arrow....  
I've got tears like the raindrops...  
I've got strength like a mountain...

**First Reflection** *Our Second Principle* Rebecca Kelley-Morgan

*Attached to this order-of-service is a packet for young children so they may engage in an activity concurrent with the rest of the service.  
You may also find these materials here: [\[link\]](#)*

## Blessing

May the light within you shine before you, every day, every day.  
May the light within you shine before you guide your way, guide your way. May  
the love we share surround you and chase your fears away.  
May the light within you shine before you, this we pray, this we pray.

## Community Joys and Sorrows

Kye Flannery

*At this time, you may briefly share a personal joy, sorrow or concern and all are invited to bear compassionate witness. If you would like to speak, just write your name in the Chat function and you will be called on and unmuted. When you are done speaking, you are invited to light a candle at home as a sign of what you have shared. There will then be a time to briefly write your joy or sorrow in the chat to be read aloud if you choose to not speak. We will then light one last candle for all that has been shared and all that remains unspoken within our gathered community.*

## Meditation

*Breath, Breath, Breath*

Kye Flannery

## Silence

## Special Music

*These Sorrows Will End*

Robert W. Joyce

## Reflection

*Life After Covid-19*

Dirck Stryker

We have two sets of clues that can guide us in foreseeing how life may change after the pandemic subsides. One is the experience we have had over the past few months of dealing with this scourge; the other is our history with previous plagues. Each of these will be briefly explored to gain some insight into what lies ahead for us socially and spiritually.

## Hymn

*There is More Love Somewhere*

- 1 There is more love somewhere. (2x)  
I'm gonna keep on 'til I find it.  
There is more love somewhere.
- 2 There is more hope somewhere...
- 3 There is more peace somewhere...
- 4 There is more joy somewhere...

## Offering

Stephen Perepeluk

*The offering is a spiritual practice, a public commitment to this community's values of welcome, inclusion, religious freedom and service. Thank you for generosity of substance and spirit!*

You may donate through Give+ [\[link to app tutorial\]](#) PayPal [\[link\]](#) or by mailing a check to WUS, 478 Main Street, Winchester, MA 01890. Please write or type "July 12, 2020 Offering" in the memo line or comment field.

Our practice is to invite first-time worship attendees to be our guests. In lieu of a contribution, please complete the Virtual Visitor Card: <https://tinyurl.com/WUSVirVisCard> so we can stay connected beyond this Sunday.

**Offertory with Photos**

*Salut D'amour*  
Alison Kirschgasser, Violin  
John Kramer, Piano

Edward Elgar

**Affirmation of Shared Ministry**

Stephen Perepeluk

*Those who wish to do so are invited to join in reading together the community affirmation:*

We gather not for ourselves alone, but to use our common power to build the Beloved Community within and beyond these walls.

We create and reaffirm this covenant this day - to make justice flourish, to practice compassion amidst difference and to embody transformative love.

**Hymn**

*Let It Be a Dance*

Chorus: Let it be a dance we do.  
May I have this dance with you?  
Through the good times and the bad times, too,  
Let it be a dance.

1 Let a dancing song be heard.  
Play the music, say the words,  
and fill the sky with sailing birds.  
Let it be a dance. Let it be a dance. Let it be a dance.  
Learn to follow, learn to lead,  
feel the rhythm, fill the need  
to reap the harvest, plant the seed. Let it be a dance.

CHORUS

2 Everybody turn and spin,  
let your body learn to bend,  
and, like a willow with the wind,  
let it be a dance. Let it be a dance. Let it be a dance.  
A child is born, the old must die;  
a time for joy, a time to cry.  
Take it as it passes by. Let it be a dance.

CHORUS

3 Morning star comes out at night,  
without the dark there is no light.  
If nothing's wrong, then nothing's right.  
Let it be a dance. Let it be a dance. Let it be a dance.  
Let the sun shine, let it rain;  
share the laughter, bear the pain,  
and round and round we go again. Let it be a dance.

**Benediction**

May you be blessed, and may you be a blessing.

Kye Flannery

**Postlude**

*Maple Leaf Rag*  
Eli Forcucci, Piano

Scott Joplin

**Extinguishing the Chalice**

Kye Flannery

*Please join us in reading together the words for extinguishing our chalice*

We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

**Stay on to join us for Coffee Hour and a Chat!**

Stephen Perepeluk

***Questions for Reflection***

*What have been your reactions to the restrictions imposed during the pandemic?*

*What do you think we have learned from this experience that we could carry over to life after it?*

*Do you think that an opportunity has been created for us, and what do we need to do to realize this?*

**Music Notes:**

We begin this morning with the beautiful and rather sobering chorale prelude by the Baroque composer J.S. Bach. The current pandemic reminds us that, indeed, we are all mortal and our lives will come to an end. Thanks to Amy Hunter for playing it on our own organ. ♦ Bob Joyce is a local musician and songwriter who has written dozens of folk songs. He and Dirck Stryker have played and sung together in a number of local groups for many years. We thank him for sharing his poignant song with us this morning. ♦ One thing that will see us through these times is love and so I thought it fitting to include Elgar's wonderful salute to it! ♦ And we close with Eli Forcucci playing the classic Ragtime piece, one which made Scott Joplin famous.

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**Serving Today**

**Pastoral Care Associate On-Call This Week:** Donna Reed      781-626-1785 please call & text  
Special thanks to **Tyson Kamikawa** for serving as Video Coordinator

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*This is a Welcoming Congregation, intentionally welcoming  
and affirming of gay, lesbian, bisexual and transgender people.*

*Each worship service includes wisdom or an artistic  
gift from people or communities-of-color.*

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Good morning families and friends,

*A note to adults. The first page is for you, so that you may have context for the service and contents of this packet. Following that there are some suggestions for other things to do/try as a family over the week as well as today, then pages for meditative coloring and a couple of activities.*

Today's Worship Service asks the question of all of us, What is a church? What is a Congregation? The Covid-19 pandemic has turned everything upside down. We are now making connections through virtual church "vurch" and ask ourselves – how do we express and live out our Unitarian Universalist faith when we are apart? In this week's packet, I offer a refresher on our Unitarian Universalist 7 Principles with a coloring page for each. Please encourage your children (with some help as necessary) to send photos of them to me, to collage for publication in our next Mystic Messenger.

As we contemplate ways to engage the religious, spiritual, social and activist expressions of our faith, without meeting in person, it's a great time to contemplate your own sacred space at home and how you bring that alive with your family.

This is the last week of suggestions for sacred space ideas in your household. You have been invited to find a home for your chalice, cover it with something decorative and place your chalice/candle on it, find a chime or bell to use, a giving bowl for sharing your abundance, symbols, spiritual and religious, representations of your family and something(s) from nature.

This month's last suggested addition to your sacred space – a picture of our Congregation's building. It can be a photo of the front door we all go in, or the flags we fly along the parkway. It can be a photograph that you go to Winchester Unitarian Society to take, or one that children and other family members draw from memory. As we remain physically apart, it's important to remember the place where we first came together and the place where we will one day return to – safely – to gather once again. It's also an important part of family lore – the faith tradition of which we are a part. During the worship service this morning, feel free to invite your children to create their drawn memories of Winchester Unitarian Society.

**Before This Morning's Worship:** You will need your chalice, other candles for kindling the light, these pages, blank paper things to color/draw with, scissors for cutting out the principle numbers (If you wish)

Encourage your children to come closer to the screen for First Reflections and have some manipulatives and the materials attached for them to engage with during worship. If your children are very young, sensory play containers\* are a great preschool activity. Kids come in and out of worship, but even if they seem inattentive or bounce in and out of the room, they are picking up messages. \*Let Rebecca@winchesteruu.org know if you need ideas on how to DIY sensory play

You may wish to use the settling in and chalice lighting rituals we use in Family Worship and Religious Education sessions. They may be helpful as your family gets ready for our Zoom worship services or for any family worship you wish to create in your own sacred space. You can also begin to add your own rituals. Just lighting a candle and taking a moment of quiet. It can be a time to give space for things going on in the world, or in your home. In my home we pause before a lit candle to remember the many who have died from the Covid 19 illness. Your older kids can probably lead the familiar rituals from our time at WUS, since many of them have. These are linked below for reference.

<https://docs.google.com/document/d/16eq9h9bnOJAssE8U21wDcj4IjPZkyD-iW96UShQgdmw/edit?usp=sharing>

**What shall we do with our summer ahead? Perhaps you would like to dedicate one day of each week to explore one of our Unitarian Universalist 7 Principles. 7 Days in a week? 7 Principles? Perfect!**

**SUNDAY Our 1<sup>st</sup> Principle Each person is important.**

Whether it's taking time to help out a neighbor who can't leave their house, or provide greetings to those who might not otherwise receive them, or working hard to help our family members, in these days of social distancing, we purposefully seek out new ways to help our community. We do this because we believe that everyone is important. How can you help other people today and other days? Make a list and see if you can do something from it every Sunday.

**MONDAY Our 2<sup>nd</sup> Principle Be just and kind in all you do.**

It's important to speak up for yourself, and it can be important to speak up for other people. How can you be fair to others and to yourself? How can you be kind and honest at the same time? Before you say something, ask yourself "Is this true?" "Is it kind" "do I need to say it?"

**TUESDAY Our 3<sup>rd</sup> Principle Learn Together.**

How can we learn from and with each other? Can your family try a new recipe? Learn a new game? What would YOU like to learn about? Ask others what they can teach you. Offer to teach something to them. An origami fold, a magic trick, how to cartwheel. You choose.

**WEDNESDAY Our 4<sup>th</sup> Principle Search for what is true.**

There are many ways to search for truth. Do you ever get a feeling in the pit of your stomach? It's telling you something. Maybe what is true for you, is not true for someone else. It is true for me that macaroni and cheese is the BEST meal ever, but pizza is BORING. Is that your truth? It's okay if it isn't. What other things do you find when searching for truth?

**THURSDAY Our 5<sup>th</sup> Principle All people need a voice.**

It is an important part of being a Unitarian Universalist to let people make decisions for themselves, whether it's the congregation, the country, or our own families. Try voting on something in your family, or on Zoom, or with friends. If there is a difference of opinion, can you find a in between – a compromise? Learn about all the reasons the adults in your life vote.

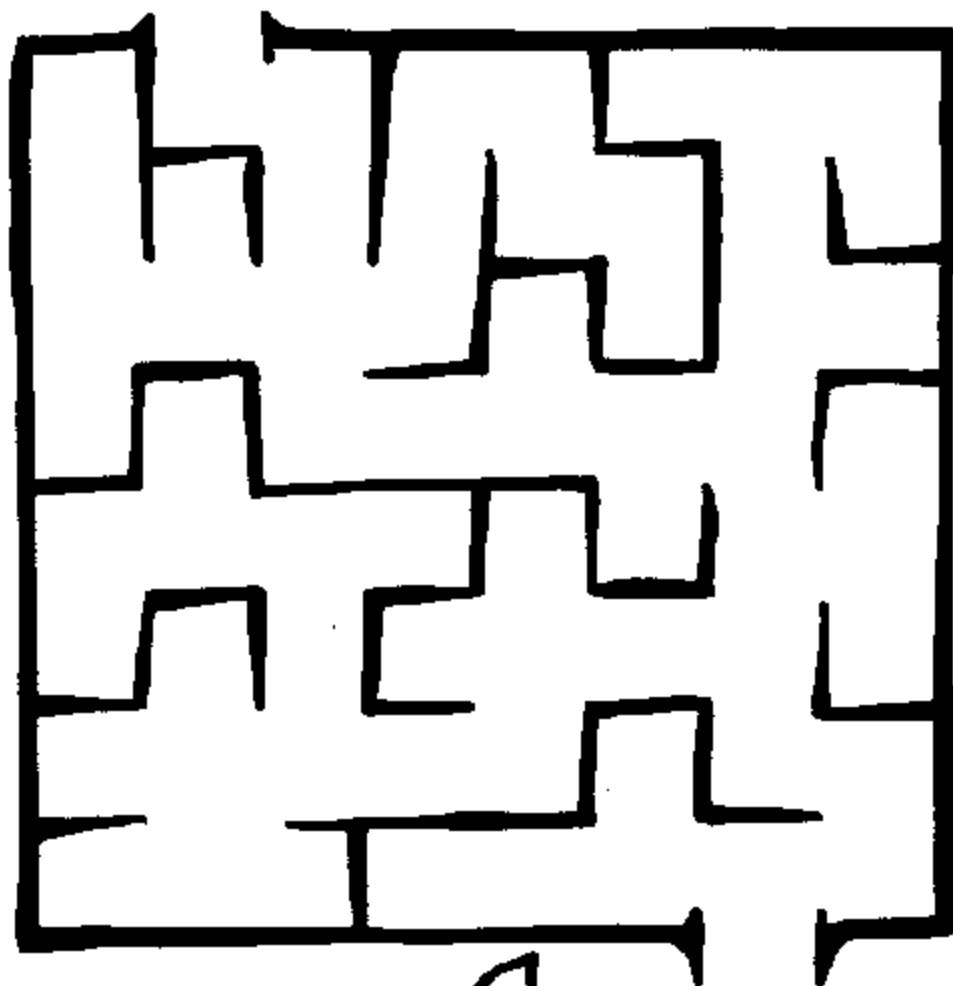
**FRIDAY Our 6<sup>th</sup> Principle Build a fair and peaceful world.**

The world is fair when everyone has enough – shelter, food, education, etc. It is also more peaceful when all people, everywhere, have enough. How much is enough? How many shoes can you wear at once? Think of ways that you can share what you have. Think of ways that you can bring peace to wherever you are.

**SATURDAY Our 7<sup>th</sup> Principle Respect the Earth, our home.**

Learn about the part of Earth we live on. Each day is a day to explore and tend our part of Earth. Look carefully at the plants, pick up trash (take bags and gloves), close your eyes and listen to the birds and other sounds, and smell the smells. What do you notice? What do you hear? What do you smell? What has changed since the last time you did this?

**Start**



Coloring-Page.net

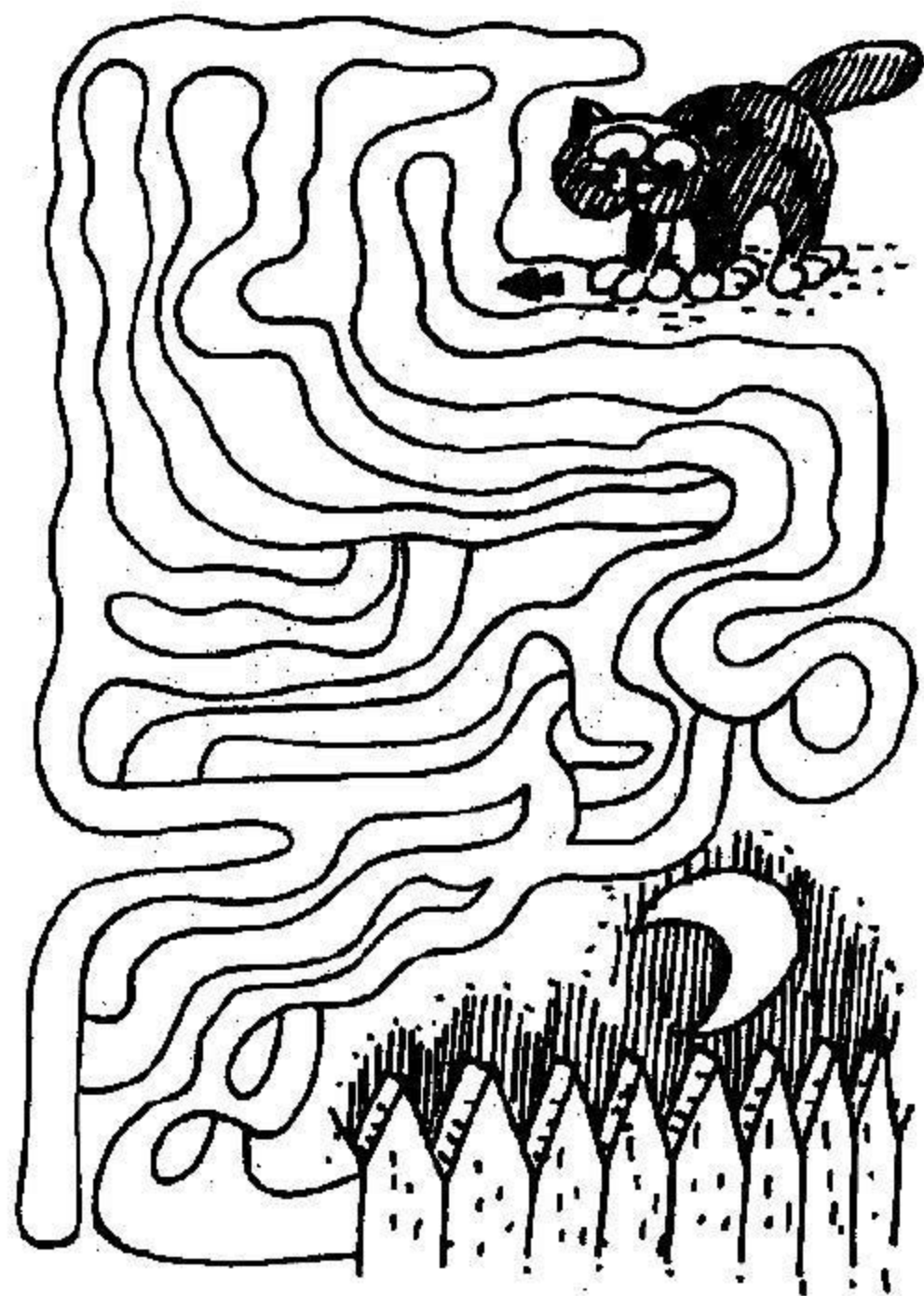


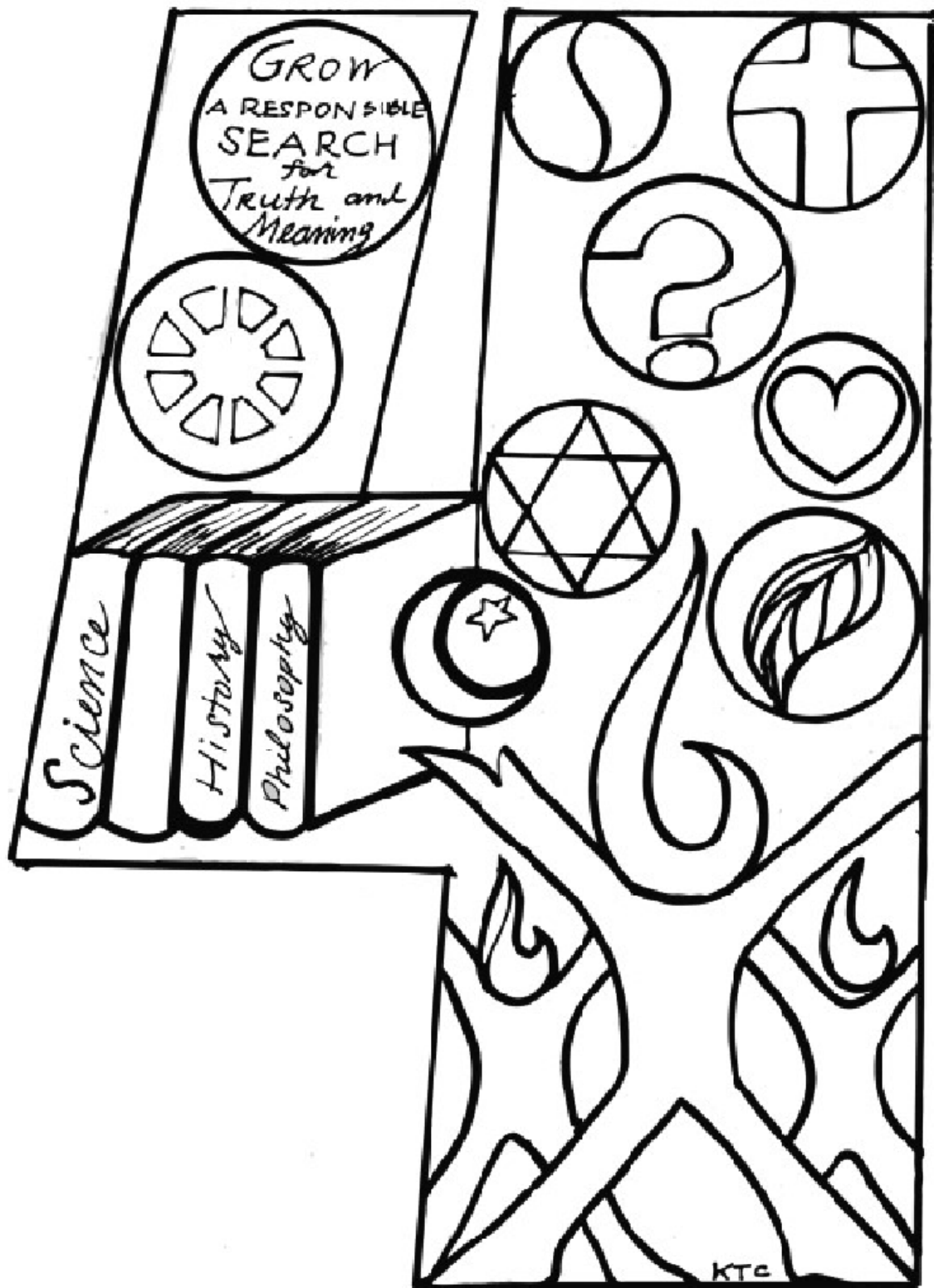


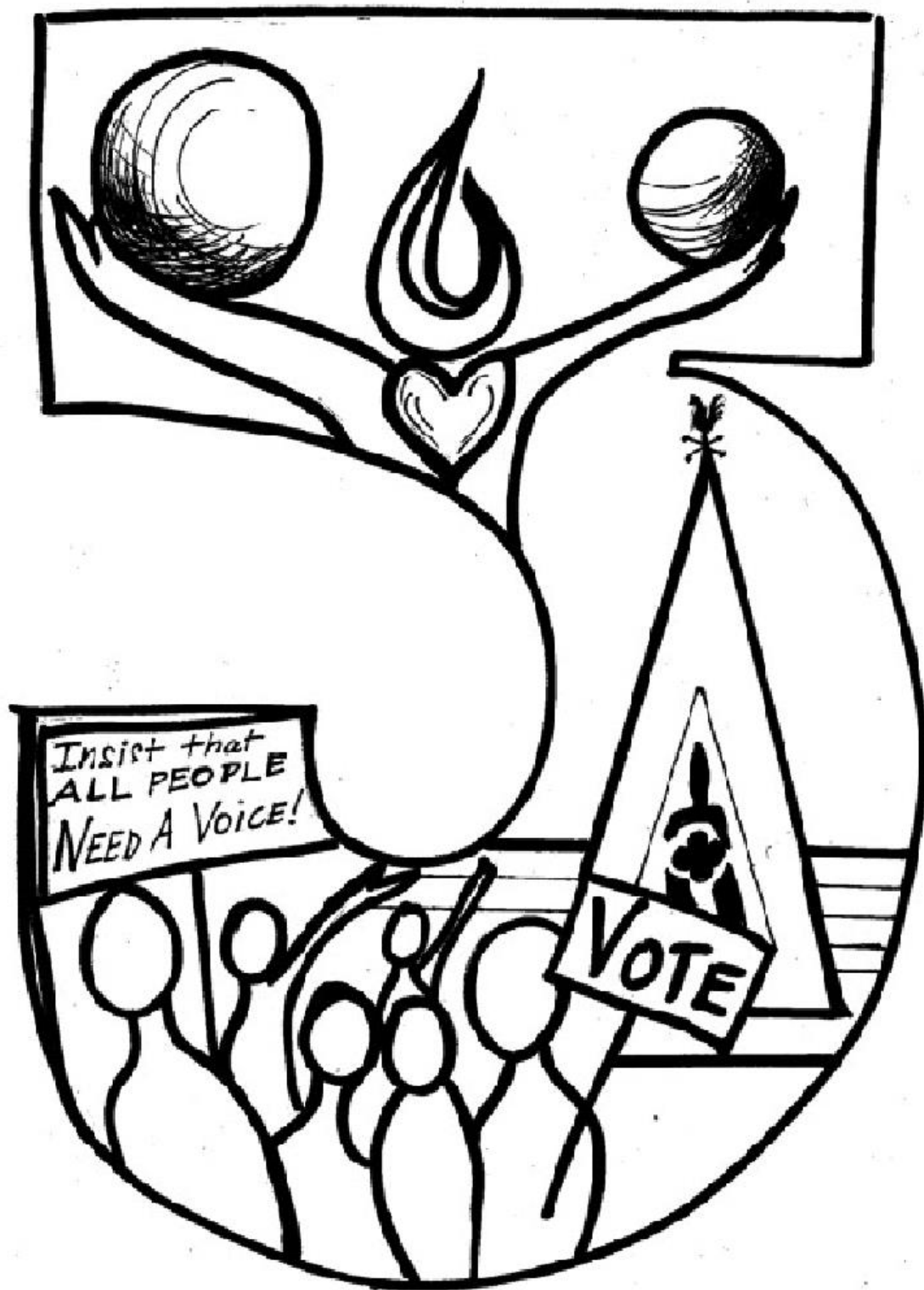




**Help the cat find the fence.**











## Unscramble the Words

ROSFET

\_\_\_\_\_

DAHES

\_\_\_\_\_

SMAIANL

\_\_\_\_\_

AVEESL

\_\_\_\_\_

TREBCAELE

\_\_\_\_\_

PTALN

\_\_\_\_\_

AODHYLI

\_\_\_\_\_

IRTENNNVOME

\_\_\_\_\_

CROAN

\_\_\_\_\_

HELERST

\_\_\_\_\_

OPINNECE

\_\_\_\_\_

RUUTEF

\_\_\_\_\_

DRBIS

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WROG

\_\_\_\_\_

DLWFEILI

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DRAYBORA

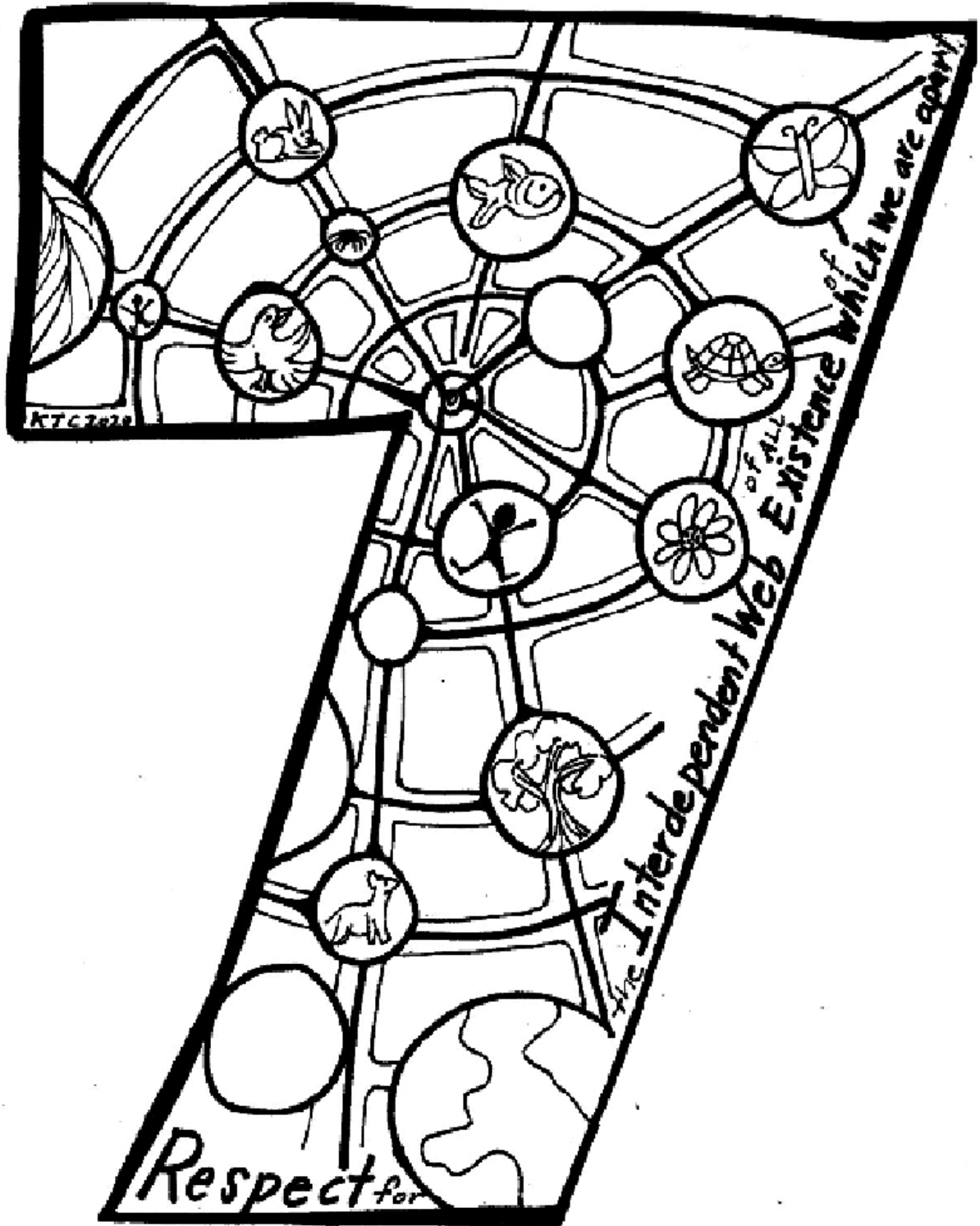
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THATBIA

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# 7 Principles Words

W	T	L	K	I	N	D	N	E	S	S	E	E	A
E	O	B	R	V	O	T	E	E	D	L	V	O	F
B	E	P	R	C	L	U	F	E	C	A	E	P	C
H	C	T	P	E	C	C	A	I	E	W	R	D	L
E	R	E	H	T	E	G	O	T	L	T	Y	C	E
E	A	L	L	L	C	E	E	I	E	S	O	T	L
R	C	I	R	E	C	H	A	T	E	I	N	D	T
I	T	S	L	I	F	E	T	S	N	S	E	S	C
A	O	H	A	O	V	A	T	R	L	N	C	H	E
F	H	L	P	E	E	C	D	S	A	I	E	O	P
O	I	E	E	C	F	L	G	E	R	E	E	O	S
F	N	A	O	A	R	N	P	T	C	T	P	E	E
O	L	R	V	O	D	T	S	A	N	P	F	O	R
E	T	N	W	C	I	S	A	A	N	N	S	E	E

INSIST  
 EARTH  
 ALL  
 PEACEFUL  
 VOTE  
 WORLD  
 ACCEPT  
 TOGETHER  
 RESPECT  
 LIFE  
 EVERYONE  
 LEARN  
 FAIR  
 WEB  
 KINDNESS

Play this puzzle online at : <https://thewordsearch.com/puzzle/1202932/>

Can You Find all the words? What Principle Numbers do you think they belong with?

# Everyone is Important, Right?

H	Y	G	L	A	U	Q	E	K	C	R	A	M	T
R	R	R	Y	E	N	Y	T	T	M	S	O	A	C
O	E	T	I	T	R	I	A	O	I	W	Q	T	A
G	H	E	A	G	T	U	I	G	I	G	I	T	R
T	Y	T	D	E	H	T	O	E	R	E	E	E	I
V	D	H	U	L	Y	T	M	T	E	R	R	R	N
M	D	I	H	H	O	R	S	H	T	T	A	D	G
O	V	G	Y	N	W	V	A	E	T	N	W	O	T
T	Q	I	O	T	V	I	E	R	W	O	R	T	H
U	L	V	U	D	N	I	K	I	Y	T	D	W	D
O	T	U	D	I	R	R	H	G	Y	M	E	N	R
O	Y	H	S	T	N	A	T	R	O	P	M	I	E
T	I	G	Y	M	N	A	E	O	T	N	E	O	H
H	D	I	I	D	I	G	N	I	T	Y	L	G	O

KIND  
LOVE  
IMPORTANT  
TOGETHER  
CARING  
YOU  
RIGHTS  
DIGNITY  
WORTH  
MATTER  
EQUAL

Play this puzzle online at : <https://thewordsearch.com/puzzle/1262384/>

# social justice concepts

E	P	L	S	I	A	N	S	I	E	E	L	L	L
U	C	A	F	S	R	E	P	L	E	H	E	E	R
G	L	U	A	R	E	B	I	L	I	K	C	A	I
N	N	Q	I	U	I	G	N	E	N	I	E	R	G
G	E	E	R	T	D	D	S	C	L	N	I	N	H
L	U	N	I	T	E	D	I	A	I	D	E	I	T
I	R	A	C	I	S	M	I	E	S	A	E	N	S
S	U	I	E	P	D	G	I	P	E	A	T	G	S
T	H	R	E	Q	G	N	I	Y	L	L	U	B	R
E	D	I	S	C	R	I	M	I	N	A	T	E	N
N	E	H	T	S	U	J	N	U	E	C	S	T	I
I	U	I	F	S	E	C	A	R	I	N	G	L	R
N	I	H	J	L	O	V	E	L	L	E	C	D	G
G	V	L	T	N	E	Q	U	A	L	I	T	Y	P

LEARNING  
 BULLYING  
 RACISM  
 PEACE  
 FAIR  
 CARING  
 EQUAL  
 RIGHTS  
 LISTENING  
 DISCRIMINATE  
 UNJUST  
 HELPERS  
 LOVE  
 KIND  
 UNITED  
 EQUALITY

Play this puzzle online at : <https://thewordsearch.com/puzzle/1224874/>

When we build a fair and peaceful world, what are the words we think about?