

Welcome to Worship!

Winchester Unitarian Society · Sunday, January 11, 2026

January's Theme is "Practicing Resistance"

Livestream Attendees: To notify our Tech Deck of a broadcast issue, email checkingin@winchesteruu.org or call the WUS Office
- 781.729.0949

Centering Thought

"[We must challenge] the toxic idea that we are resting to recharge and rejuvenate so we can be prepared to give more output to capitalism. What we have internalized as productivity has been informed by a capitalist, ableist, patriarchal system. Our drive and obsession to always be in a state of "productivity" leads us to the path of exhaustion, guilt, and shame. We falsely believe we are not doing enough and that we must always be guiding our lives toward more labor. The distinction that must be repeated as many times as necessary is this: We are not resting to be productive. We are resting simply because it is our divine right to do so."

— Tricia Hersey

Gathering Music

John Kramer

Invitation to Greeting

Rev. Seth Carrier-Ladd

In person attendees: Note that the congregation will be briefly visible in the livestream. If you do not want to be seen, please sit in the back pews, marked accordingly. **Livestreamers:** Please let us know who you are and what's on your mind by sending an email to checkingin@winchesteruu.org

Ringling of the Bell

Community Welcome and Announcements

Liz Lintz

You may also review weekly announcements at www.tinyurl.com/WUShappenings

Kindling of the Light

Plainte (Primera Elegia), Teresa Carreño

This is the time in our service where we light a candle for a joy or a sorrow that is sitting on our heart. For those in the Sanctuary, if you would like a candle brought to you, please raise your hand.

Silence

Hymn #55

Dark of Winter

Gray Hymnal

Please remain seated

Readings

excerpts from “The Case for Doing Nothing” by Olga Mecking

excerpts from “Rest as a Practice of Resistance and Freedom”

by LaShawn Routé Chatmon

Anthem

Hush! Somebody’s Callin’ My Name,

arr. Brazeal W. Dennard

WUS Adult Choir

Second Reflection

“Intentional Dormancy”

Rev. Seth Carrier-Ladd

Offering

This week, our share-the-plate offering will go to **RIAC**. Refugee & Immigrant Assistance Center (RIAC) is a grassroots nonprofit that supports refugees and immigrants in Greater Boston with resettlement services, counseling, education, outreach, and social services that promote cultural, educational, and socioeconomic development. RIAC’s work helps newcomers build stability, self-sufficiency, and a sense of belonging in their new communities. This week’s Share the Plate offering will support their vital efforts to welcome and empower our newest neighbors.

Those in the sanctuary are also welcome to donate electronically.

Text GIVE to (781) 230-6690, used the QR Code or visit

www.tinyurl.com/wusgiveonline Please write or type the date of your offering in the memo line or comment field.



Offertory

Träumerei (Dreaming), Robert Schumann

Affirmation of Shared Ministry *Those who wish to do so are invited to join in the unison Affirmation.*

We gather not for ourselves alone, but to use our common power to build the Beloved Community within and beyond these walls.

We create and reaffirm this covenant this day - to make justice flourish, to practice compassion amidst difference and to embody transformative love.

***Hymn #352**

Find a Stillness

Gray Hymnal

Benediction**Postlude**

Sleepwalker's Shuffle, William Albright

Extinguishing the Chalice

Please read together the words for extinguishing the chalice

We extinguish this flame but not the light of truth, the warmth of community or the fire of commitment. These we carry in our hearts until we are together again.

Serving Today

Ushers: Gordy McIntosh & Terry Carrier

Greeters: Jean & Michelle Johnson

The Sunday Pastoral Care Associate is available to those wanting to share a personal concern with an attentive listener.

Today's PCA is Lee Barton 603-845-8767

or at the pew closest to the candle table

immediately after the service

Rev. Seth Carrier-Ladd, *Interim Minister* ♦ John Kramer, *Director of Music* ♦
Liz Lintz, *Worship Associate* ♦ Sam Wilson, *Director of Youth and Children's*
Ministries ♦ Brenna Mayer, *Children's Religious Education Coordinator* ♦
Jay Kwan, *Livestream Coordinator*

WUS Standing Committee (Governing Board) Members

Gordy McIntosh (Chair), Kim Foley (Vice Chair), John Keller, Chuck Khuen,
Ryan Levering, Sheila Puffer, Liz Scott, Marcy Tompson,
Matt Wilson, Ginger Hanson (Clerk), and Judy Murray (Treasurer)
Contact your Standing Committee via SC@winchesteruu.org.

Music Notes:

Teresa Carreño (1853-1917) was a Venezuelan composer and pianist of international fame; she was referred to as the “Valkyrie of the piano.” Her first elegy is offered today as a prayer for the people of Venezuela.